Calling your state legislators is also an effective form of advocacy and can be used by federation members to quickly get your point across to lawmakers. Like a prewritten letter, a call script can be posted on the NARFE Legislative Action Center. Contact the NARFE Advocacy Department at advocacy@narfe.org if you’re interested in setting up an easy-to-access call script.

State legislators often have an office in the state capital when in session, along with a district office. NARFE members can find detailed contact information for their state legislators using the “Find Officials” section on the Legislative Action Center. A call script on the Action Center will generate the phone numbers of your state legislators.

An effective call script should detail what you want your members to advocate on in a precise manner. Below are some tips for creating an effective call script.

- State your name and where you live so the legislator knows that you are a constituent.
- State the name of the legislator you are calling.
- Make an immediate and simple “ask” of the legislator. What do you want him/her to do? State the bill number if legislation has been introduced.
- Provide quick reasons why this issue is of importance and what it means, particularly if you know the number of people affected.
- Finish the call by reiterating your “ask” and saying thank you.

Below is an example of a call script.

Politely greet the staff person who answers the phone. Give your name and address to let them know you are a constituent. Then say [brackets indicate that you should choose the appropriate language]:

- I am calling [Delegate [X]] to express my support for providing a tax deduction for long-term care insurance premiums, as provided in H.B. 1152.
- Long-term care insurance premiums have drastically increased over the years, making it difficult to afford this necessary and responsible form of insurance.
- State legislators should support those who responsibly plan for their future.
- I ask the [senator or delegate] to support this legislation.
- Thank you.

Once you are done with your first call, call your other legislators' offices to relay the message.

For more information, please contact the advocacy department at advocacy@narfe.org.