

## Federation Officers

**Tony Merola**, President

**Kathy Brooks**, Vice President

**Curtis Price**, Secretary

**Arlene Patton**, Treasurer

**Bea Bull**, Western WA District Vice President

**Mary Alice Binder**, Eastern WA District Vice President

[www.narfe.org/wa/contact-us/](http://www.narfe.org/wa/contact-us/)

## National Special Referendum

NARFE will have a special bylaws referendum election this winter – you may have heard about it from a postcard or email sent to you the first week of January. The immediate effect of this referendum, if passed, would be to allow the National President to run for a third term in 2026, but it also affects future terms for Regional Vice Presidents and National officers. For more information, visit:

[www.narfe.org/wa](http://www.narfe.org/wa)

## Treasurer's Report

Our 2025 total revenue was \$20,959, total expenditures \$19,587 and we have \$86,594 in our accounts. Full budget reports are available on request. Contact a Federation officer if you have any questions.

*Arlene Patton, WSF Treasurer*

## State Federation Biannual Meeting

Save the date for the Washington State Federation Annual Meeting and Region IX Symposium to be held in Ellensburg October 1-3.

[www.narfe.org/region09/meetings](http://www.narfe.org/region09/meetings)

## Federation Bylaws approved

Our Bylaws updates have been approved by our Executive Board, by a vote of our members held last summer, and reviewed and approved by our National Secretary-Treasurer, Cindy Renee Blythe. These changes include updated methods for officer elections this year.

[www.narfe.org/wa/policies-and-procedures](http://www.narfe.org/wa/policies-and-procedures)

## Pass It On!

This newsletter is being distributed by email only.

We ask officers and members to print this newsletter and share with members without email access.

We strongly encourage all members to provide their email address to NARFE so they can be in touch, and login to **narfe.org** to access the many online resources only available to NARFE members!

## Quick References

- WA State Federation  
[www.narfe.org/wa](http://www.narfe.org/wa)
- NARFE  
[www.narfe.org](http://www.narfe.org)  
(800) 456-8410
- Advocacy  
[www.narfe.org/advocacy](http://www.narfe.org/advocacy)
- Facebook  
NARFE National Headquarters
- X ("Twitter")  
[@narfehq](https://twitter.com/narfehq)

### **An invitation to your local NARFE Chapter**

A little more than half of our NARFE members in Washington State are National-only members. If this is you, we recommend you consider checking out your local chapter. Chapters provide mutual support, and our Service Officers help our families with Federal benefits questions. Chapter meetings and events (National-only are invited!), newsletters, and online resources help us prepare for and enjoy our retired Fed life healthy and happy. Find a chapter near you!

[www.narfe.org/wa/our-chapters](http://www.narfe.org/wa/our-chapters)

### **Services for Seniors – across the USA**

The U.S. has a nationwide network more than 600 Area Agencies on Aging (AAAs) established by federal law to serve older adults and caregivers in virtually every community, with each state divided into planning areas that are covered by a specific Agency on Aging, ensuring comprehensive support, though some states might have multi-county districts or the state manages the function if areas are sparse. You can find eldercare support by visiting [eldercare.acl.gov](http://eldercare.acl.gov).

*(Modified from South Jersey Shore Chapter 1664 Newsletter, Jan 2026)*

### **Advocacy Resources**

Our voice is strong together as NARFE members. Washington State is a leader Federation across NARFE in our grassroots advocacy (we attained “Gold” status in 2025 Q4 in NARFE’s Grassroots Benchmarks) and you are invited to join in. NARFE WA provides resources on our website to help you advocate for our NARFE priorities, including contact info for our Representatives and Senators, status of current bills, and where our Washington Delegation stands on NARFE supported bills in Congress.

[www.narfe.org/wa/links#advocacy](http://www.narfe.org/wa/links#advocacy)

NARFE Headquarters provides us with many tools to speak for our issues online:

[www.narfe.org/advocacy](http://www.narfe.org/advocacy)

### **NARFE Washington State Federation Elections**

We need you! National-only and Chapter members are invited to run for our Federation offices in 2026 to serve in 2027 and 2028. If you are interested in serving NARFE in this way, or know someone who is, feel free to contact us now so can invite you to fill out a nomination form when they become available.

[www.narfe.org/wa/contact-us](http://www.narfe.org/wa/contact-us)

### **Thank you for being a NARFE member!**

Your membership supports the important work we do, supporting each other and advocating for our issues in Congress. Invite other Feds to join and enjoy the benefits of NARFE membership!

[www.narfe.org/join](http://www.narfe.org/join)

Thank you for reading this newsletter. It is sent to our more than 3500 members, and comes from the NARFE Washington State Federation Advisory Committee, which includes both our elected and appointed officers.

*Curtis Price, Secretary, WSF* – Contact: [www.narfe.org/wa/contact-us](http://www.narfe.org/wa/contact-us)