



NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES ASSOCIATION
SARASOTA CHAPTER 242 NEWSLETTER

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CHAPTER 242 OFFERS ITS OWN FIRST-EVER BLENDED MEETING

(A "blended" meeting is one where not every participant is in the same room some may be via ZOOM)

Who: All NARFE Chapter 242 members and potential Chapter members.

What: First-ever Blended 242 Chapter meeting—in order to encourage attendance, Your chapter will BUY your lunch! Or enjoy your own lunch at home and view our program on-line. The ZOOM link will be sent to your e-Mail address the week of 11/18.

Where: Misty Creek Country Club, 8954 Misty Creek Dr., Sarasota, FL. 34241. See directions below.

When: November 18, 2021 program starts at 11:00 am. Arrive early, please.

Why: To hear nationally famous benefits guru Tammy Flanagan on Open Season and health plan choices that will work great with Medicare for the coming year. She will show a comparison of the plans we have available in Florida that are excellent companions to Medicare A and B (including BC/BS Standard and Basic options!). She will also have time for Q and A, and by then we will be in the thick of Open Season....so she will demonstrate how to change plans using Services Online.

DIRECTIONS TO MISTY CREEK COUNTRY CLUB

From the North: Interstate I 75 from Tampa to Sarasota Exit 207 or Bee Ridge Road. Turn left and go approximately 3 miles to Lorraine Rd. Bear to the right and turn left into the second entrance to the Preserve at Misty Creek south gate or the visitor's entrance. The guard at the gate will direct all Misty Creek Country Club visitors to the clubhouse.

From the South: Interstate I 75 North from Ft. Myers/ Naples to Exit 205 Clark Road. Turn to the right onto Clark Road. Travel approximately 2 miles and turn left on to Lorraine Rd. Turn right into the Preserve at Misty Creek at the south gate or the visitor's entrance. The guard at the gate will direct all Misty Creek Country Club visitors to the clubhouse.

PRESIDENT'S Message for the October 2021 Newsletter

The NARFE Chapter 242 Board and I are so excited to be bringing you our first "Blended" Chapter meeting on November 18, 2021. A blended meeting is one in which not all the participants are in the same room. Hopefully, you all will make the extra effort to attend in-person. For those who absolutely cannot, we hope you will join the meeting via Zoom for which a link will be sent to your email address the week of the November meeting.

It is really essential for every member to set aside time for this meeting as we have invited nationally known benefits expert Tammy Flanagan to address the Chapter. From the front page of the Newsletter you can see exactly what it is she will address for us. Yes, we will have her "all to ourselves!" Also new is the location for our meeting. Much as we liked the prior location, it could not guarantee us the social distancing needed in these days of COVID-19.

As before, you will have to pre-register in November to hold a seat for Tammy's presentation. You may call, text, or email Dick Fredlund at 941-924-1303 or dfredlund@aol.com.

For food we will be able to order certain pre-select items from the Misty Creek Club Menu. If Tammy Flanagan is not enough incentive to attend, the Chapter also will be buying you your lunch!! A perfect time to invite a potential new member to come with you!

Because the pandemic has caused many of us to go on "Pause," I want to say a word about NARFE dues. Believe me, they did not get lost in the Mail! National NARFE dues are now \$48.00 a year. Our Chapter dues remain at \$7.00 a year. When you renew, make CERTAIN that you are billed for \$55.00. Then you will know you have renewed your Chapter membership too. Seven dollars is a bargain. Even \$48.00 is a bargain! Certified by Congress, NARFE is the only organization whose priorities for 117th Congress include supporting policies that protect and enhance the earned retirement and health benefits of federal employees and retirees. Looking forward to seeing you November 18 at Misty Creek Country Club.

Bill Vander Heyden
NARFE Chapter 242 President

PS. Two days after our meeting, Clara Schaefer and I will be doing the "Walk to End Alzheimer's." Our goal for the Chapter is \$1,000, and we will need donors to reach it. See Clara's article for how to donate to our team, please.

Upcoming NARFE Webinars

Understanding Medicare Advantage Options - Thursday, Oct 14 at 2 PM.

Federal Dental and Vision Insurance: FEDVIP Explained.- Thursday, Oct 28 at 2 PM.

Which FEHB Health Plan is Right for You? - Thursday, Nov 4 at 2 PM.

So Many Choices: Which FEHB Plans work Best with Medicare A & B ? - Thursday, Nov 18 at 2 PM.

Check it Out at new.narfe.org!

WELCOME TO NEW MEMBERS OF CHAPTER 242

Please welcome new members Ruth Peterson and George Johnson. Thanks for joining Chapter 242.

MEMBERSHIP

Total membership: 112 voting members. Note: non-voting members no longer appear on chapter rolls.

Want to join the free lunch club - Sign up a new member and you get a free lunch at one of our future Chapter meetings!

Don't you know a retired federal employee that you could recruit to help NARFE grow in numbers and continue as our federal benefits experts?

CONDOLENCES

We extend our condolences to the families of Chapter 242 who have passed away:

Jack G. Huppert, Richard J. Cornish, Judith M. Lebowich, Beverly A. Killelea

CHAPTER 242 WALK TO END ALZHEIMER'S TEAM

Hello Everyone,

Hope this newsletter finds you and your families well and happy.

Our Friends & Family NARFE242 team has been registered for the November 20, 2021 Walk to End Alzheimer's. This year, the Nov. 20th Walk is scheduled for the Ed Smith Stadium. However, depending on circumstances, the Walk could be everywhere for individual participants--on every sidewalk, track, and trail. In 2020 Friends & Family NARFE242 simply walked trails in the Meadows.

Since we are not meeting in person and our Chapter is not raising money by selling raffle tickets at the luncheons we are asking that you please consider supporting your local NARFE Chapter 242 in the fight to end Alzheimer's by becoming a team member or making a donation on the fundraising page for the Walk.

Every dollar you donate will help the Alzheimer's Association® provide care and support to all those facing Alzheimer's and all other dementia.

Donations can be made as follows:

1. Click or enter into your browser: act.alz.org/Sarasota-manatee

Scroll down to find a team—enter Friends & Family NARFE242. Click on search and follow the prompts to donate to the team or an individual (team will get credit).

2. Mail in a check. Check donations should be made out to the Alzheimer's Association. You can mail a check to the Alzheimer's Association along with the form available on the fundraising page.

If you cannot access a form, contact me or Bill Vander Hayden and we will send you one.

I can be reached at: cshaker20@gmail.com

Bill can be reached at: billvan2062@gmail.com

Thank you for your support and stay well,

Clara Schaefer
Chairperson, Alzheimer's Committee

MONTHLY LEGISLATIVE AND NARFE NEWSLETTER UPDATE FOR NARFE CHAPTER 242 - October 2021

A Message From NARFE President Ken Thomas

You've heard me say this before: If every NARFE member went out and recruited just one new member, we'd double in size. That's why NARFE's Fall Membership Drive is one of my favorite initiatives each year. You know the rewards of being a NARFE member, of course, but through the end of the year, you can receive literal rewards for signing up new members.

Recruiting new members strengthens our voice as an advocate for federal employees and retirees and ensures that more Feds can get the information they need to navigate federal benefits and retirement.

What is NARFE-PAC?

NARFE-PAC is an important way NARFE defends the earned pay and benefits of federal employees and retirees. NARFE-PAC makes contributions to congressional candidates who are supportive of the federal community.

NARFE-PAC also builds and strengthens relationships with candidates by sending NARFE members and staff to fundraisers, allowing for face time and an opportunity to discuss NARFE's priorities. NARFE-PAC is a separate, segregated fund of the association, financed solely by voluntary and direct contributions from NARFE members. No membership dues or other non-dues revenue of the association funds NARFE-PAC.

NARFE-PAC fights for you by:

- 1 Helping elect members of Congress who support the federal community.
- 2 Building strong relationships with lawmakers, a key component of winning legislative fights.
- 3 Ensuring the federal community is a powerful political force across the country.
- 4 Pooling individual contributions to maximize impact nationwide.
- 5 Empowering our strongest supporters to become leaders in our fight.

Contribute to NARFE-PAC today!

NARFE members who would like to contribute from home can do so by sending in the PAC coupon that appears in NARFE Magazine or by visiting the NARFE website and search for new.narfe.org, click on Advocacy, scroll down the page and select NARFE-PAC. You will see a Login, just use you NARFE log in.

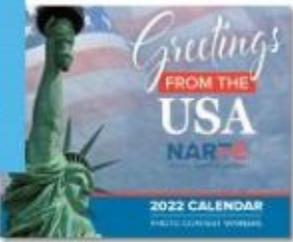
WE NEED YOU!

Please get involved by coming to our meetings, lobbying Congress about our bills and volunteering. We guarantee that everyone who volunteers will find something to do, have a chance to meet some great people and assist in trying to protect our earned benefits. NARFE is the only organization looking out for us. If your email or mailing address changes please let Rosanne Roble know by calling 757-630-0346 or email rosanneroble@gmail.com and notify NARFE at 1-800-456-8410.

NARFE members can use the Legislative Action Center (LAC) as a way to send letters to members of Congress and track NARFE-related bills and votes. To access the NARFE Legislative Action Center (LAC), visit www.narfe.org and sign up for an on-line account.

OUR FLORIDA REPRESENTATIVES

<p>The Honorable Rick Scott 801 North Florida Avenue Suite 421 Tampa FL 33602 Tampa Phone: 813-225-7040 Website: rickscott.senate.gov</p>	<p>The Honorable Vern Buchanan Sarasota Office: 111 South Orange Avenue, Floor 2R, Suite 202W Sarasota, FL 34236 Sarasota Phone: 941-951-6643 Fax: (941) 951-2972 Website: buchanan.house.gov</p>	<p>The Honorable Marco Rubio Sam M. Gibbons U.S. Courthouse 801 North Florida Avenue Suite 1130 Tampa, FL 33602 Florida District Phone: 813-853-1099 Website: rubio.senate.gov/public/ Toll free in FL 1-866-630-7106</p>
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Your donation to NARFE works 365 days a year.

GIVE TODAY

and we'll send you this calendar to remind you of the great things that NARFE does for you every day. [LEARN MORE](#)