

NARFE members look ahead

FOR THE SOUTHSIDE
REPORTER

Members of Chapter 1594 of the National Active and Retired Federal Employees Association learned about diabetes risk factors, including family history, and ways to control the disease at its July 19 meeting.

At the meeting, guest speaker Dr. Angela Alvarez represented the American Diabetes Association and briefed members about the types of diabetes.

Call 1-800-Diabetes or visit diabetes.org for more information about the disease, including risk tests and resources.

NARFE Chapter 1594 collected \$388.25 at its last three meetings for its Feds Feeds Families campaign to benefit the San



Courtesy photo

Dr. Angela Alvarez (left) of the American Diabetes Association, is shown with NARFE Chapter 1594 Second Vice President Shirley Swift.

Antonio Food Bank.

In other business, Theresa Sanchez won the 50/50 drawing and donated the \$39 to the chapter, and seven door prizes were given. Members also voted to hold 2018 meetings at Brookhill Baptist Church. Chapter 1594 will celebrate its 40th anniversary in June.

Members also approved the proposed new chapter by-laws, and the executive meeting report

was read and approved.

August is NARFE Grassroots Advocacy Month, and Chapter 1594 members plan to have a legislative speaker at its Aug. 16 meeting. The Executive Committee met July 10 to plan meetings for the next five months.

The Aug. 16 meeting will be 12:30-2:30 p.m. at Brookhill Baptist Church, 631 Utopia Lane. For more information, call Joyce Zerr at 210-523-0770.