

2021 Program Calendar
National Active and Retired Federal Employees
Arlington Chapter 1201

3/8/21

Also available at www.narfe.org/site/chapter1201.

Date	Topic	Presenter	Organization
January 18	Mission Arlington Update during COVID	Ms. Tillie Burgin	Mission Arlington
February 15	2020 Income Tax Planning	Mr. Bernie Owen, Owner Mr. Ben Weiger Mr. Mike Kortum	Strategic Planning Facilitations H&R Block AARP Income Tax Preparation
March 15	Update On Tarrant County COVID Info/Vaccine	Judge Glen Whitley	Tarrant County Judge
April 19	Aging Well in Arlington and Update on Arlington Senior Center	Ms. Elva Roy	Ambassadors For Aging Well
May 17	Aging Well Through Social Connection	Ms. Karen Cone	Brookdale Senior Living
June 21	Annual	Picnic	Luncheon
July 19	Preventing Falls	Ms. Karen Cone	Brookdale Senio Living
August 16	Legislative Update	TBD	TBD
September 20	The Benefits of Massage Therapy for Seniors	Ms. Keva Mack	Keva Mack Massage and Wellness
October 18	Elder Law	Ms. Karen Cone	Brookdale Senior Living
November 15	2021 Federal Health Benefits	Mr. Bruce Harrison Ms. Kristine Scott Ms. Susan Allgood	Blue Cross/Blue Shield GEHA Aetna
December 20	Christmas Lunch, Annual Meeting	and Installation of	2022 Officers