PAST EXECUTIVE BOARD

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Assistant Treasurer: Mary Grace Wade 922-0328
Newsletter, Asst. Alzheimer’s: Jeanette Cornblatt 531-0261
Legislature: Robert Unick 685-8995

Federal Retirees Assistance: Please contact Dot Hansen (number above) or mail your questions to our PO Box (address above mailing label).

Past Presidents: Dr. Mary Jane Celli, Ken Klohn, Robert Adams, Corinne McGhee, Marco Bonfitto, Jeanette Cornblatt

Legislation Report – Robert Unick: The Postal Reform Act of 2017 requires postal retirees to enroll in Medicare in order to stay in FEHB, thereby forfeiting their hard earned retiree health benefits. Postal retirees should not be forced to bear the burden of fixing the US Postal Service finances. Please inform your Representative Chris Smith or Frank Pallone that you do not support this legislation. You can go online to the NARFE Legislative Center to write a letter. Ken Klohn spoke about the Consumer Price Index and how it is calculated. NARFE is opposed to the move to convert it to a Chained CPI.

Membership – Dorothy Hansen: Welcome to our newest member, Ruth Dye. Two members were reinstated, one member transferred out of chapter, ten members were sent second renewal notices, 7 members passed away. We have 3 new prospective members and 1 new spouse member. Chapter 411 now has a total membership of 560 which includes 511 voting members.

Remembrance – Dorothy Hansen: We mourn the passing of Jenny O. Agenas of Spring Lake Hts., Lillian Gelsleichter of Neptune, Danuta G. Jesse of Bradley Beach, Walter A. Patterson of Asbury Park, Hazel Pierce of Oceanport, Robert G. Ross of Jackson, and Isidore Seidman of Elberon. Please keep them in your memory, and their families in your prayers. Sympathy cards were sent to their families, as long as a card to Irving Bauman on the death of his wife. Contact me with news of any member’s illness or death as, along with sending sympathy and get well cards, I also notify NARFE of deaths. The death of an annuitant must be reported to OPM by the spouse or relative or by completing the form online at www.retire@opm.gov. Click on retirement at the top of the page and, in the menu on the right, click on “Report of Death.” OPM will send a packet with forms to be completed and returned to them and the Insurance Company, which requires an original Death Certificate (OPM will...
Alzheimer’s – Greta Adler: High blood pressure, particularly in middle age, may increase the risk of developing dementia, according to a new scientific statement from the American Heart Association. Experts say, however, that whether controlling high blood pressure reduces the odds of developing dementia has yet to be scientifically proven. Research shows that there are lifestyle habits you can adopt, such as the management of heart health risk factors, to maintain or potentially improve your health as you age. For further information see http://act.alz.org/site/R?i=qyM7WnLJJ1bJswfJILw2Q. Thanks to our latest contributors Edith Abell, Charles Algeo, David and Pearl Bauman, Charles Latshaw, Corinne McGhee, and Leonard Rokaw our total collected to date is $4,211. Great news - NARFE has surpassed its goal of raising $12 million for Alzheimer’s research by the end of 2016! We are now on the way to meeting our new goal of raising a commutative $13 million by the end of 2018. Thank you all for your donations. Please be aware that every penny of your contribution goes solely to Alzheimer’s research. Please mail your check, payable to NARFE Chapter 411, to Greta Adler, 605 Beacon Landing, Tinton Falls NJ 07753.

MARK YOUR CALENDAR: The Federation Convention will be held at the Lakeside Manor, Middletown on April 26. The cost includes breakfast, an upscale buffet luncheon, and coffee, tea and water throughout the day. Mail your check for $55.00, made out to NARFE to Carl Fascio, 22 Dayton Lane, Manalapan NJ 07726-2805 no later than April 5th. If you are a member of NARFE Chapter 411, you will be reimbursed $5.00. Please make every effort to attend – we need to see a good turnout!

HELP NEEDED: If you live in the West Long Branch area and can spare an hour or so once a month, please call Sheila McCord (number above) and offer to help with Newsletter Circulation – she’ll tell you the dates. It’s a great chance to get to know your fellow NARFE members, and help provide a much needed service. The committee meets at 10:30 at the West Long Branch Library. Thanks.

If you have a child or grandchild who is a high school senior and planning to attend college in the fall, he/she is eligible to apply for a NARFE scholarship. A big change has occurred this year – the application and instructions are only on-line, and will not appear in the NARFE magazine. Click on scholarship@narfe.org or www.NARFE.org and then on the scholarship program graphic (a rotating display on the home page) for an application, the rules, etc. The program runs until April 28.

Please remember to bring your non-perishable food donations to all meetings, to benefit the Monmouth-Ocean County Food Bank.

Next Meeting: March 21, 2017