



Using Social Media to Oppose the President's FY19 Budget

NARFE members must engage with their lawmakers and tell them to reject the cuts to earned pay and benefits that were outlined in the President's budget proposal! Federal workers and retirees kept their end of the bargain through years of dedicated service and now the federal government must uphold its promises. Lawmakers need to hear from you now. Social media is a powerful tool to gain legislators' attention.

Twitter

Find your legislators on Twitter [here](#) and post a tweet directed at them voicing your concern about the president's budget. Simply copy and paste a tweet from below and plug in your legislator's [twitter handle](#) to ensure they will see your message! To include your legislator's twitter handle, just type their username (which begins with the @ sign) in your tweet. If you tag the legislator in the beginning of the message, please place a period before the handle to make your tweet more visible.

Example: *.@SenRobPortman Federal workers and retirees deserve a budget that doesn't undermine their contributions to our nation's prosperity. Reject all cuts to the earned pay and benefits of the federal community. #RejectAllCuts*

You can also create your own tweet, just be sure to use the hashtag *#RejectAllCuts* in your tweet. Tweets can now be up to 280 characters.

Sample Tweets:

1. The president's budget targets federal workers and retirees and jeopardizes my retirement security. This is no way to treat middle-class households.

#RejectAllCuts

Example: *.@ChrisVanHollen The president's budget targets federal workers and retirees and jeopardizes my retirement security. This is no way to treat middle-class households. #RejectAllCuts*

2. Reducing and eliminating cost-of-living adjustments for current and future federal retirees is an unconscionable proposal that goes after those living on a fixed income. I urge you to *#RejectAllCuts*

Example: *.@RepNewhouse Reducing and eliminating cost-of-living adjustments for current and future federal retirees is an unconscionable proposal that goes after those living on a fixed income. I urge you to #RejectAllCuts*



3. Nearly a third of federal workers are veterans. What does this budget say to those who continue to serve? I urge my legislators to reject the disastrous proposals that cut federal pay and benefits. #RejectAllCuts

Example: .@SenatorLeahy *Nearly a third of federal workers are veterans. What does this budget say to those who continue to serve? I urge my legislators to reject the disastrous proposals that cut federal pay and benefits. #RejectAllCuts*

4. The federal government's greatest asset is its workers. Breaking promises to current and retired federal employees is no way to recruit and retain the best and brightest. #RejectAllCuts

Example: .@SenThadCochran *The federal government's greatest asset is its workers. Breaking promises to current and retired federal employees is no way to recruit and retain the best and brightest. #RejectAllCuts*