



# Ohio Federation Newsletter 2025

NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES

SEPTEMBER 2025

OHIO FEDERATION UPDATE

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SANDY GARTNER

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DIANA IULIANO-CHAN

REGION IV VP  
ED KOYNS

REGION IV  
ALZHEIMER'S COORDINATOR  
DIANA IULIANO-CHAN

### President Message

It is hard to believe we are on the downside of this year already. This year has been a very humid year for most of us and I am looking forward to this coming fall season but not looking forward to what follows that. Enough of the weather....Let's talk NARFE and its survival.

This year's conference theme was "To Survive NARFE must Thrive". I believe the path to survival is for all of us to work together to get the "NARFE Name" out there where the younger retirees and current federal employees are aware of who we are and what we do as an association. It is hard to recruit "new members" if they do not know who we are. So what do we do?

As many of you know it is impossible to get into any of the local agencies anywhere throughout the USA.

IF we want to improve our membership numbers, we ALL at a minimum need to start talking about what NARFE is when we are around federal employees or retirees. For instance, we all have a federal employee stopping by our home six days a week. It is our own Mail Carrier! How many of you have ever mentioned NARFE to him or her? Do you still talk to any of your previous co-workers? They also may not know about NARFE or maybe they have heard you mention it BUT still do not know what our association is about. Ask your family/friends if they know a retired/active federal worker? If yes, give them a NARFE brochure or get the federal workers information so you can contact them.

The federation is looking into spending some of our 10% money to advertise via online and social media using a process called "geofencing" to get the branding of the "NARFE Name" out to Federal employees/retirees who have not heard of NARFE. Practically all federal employees and a lot of retirees are using their phones and social media to retrieve information in today's world. We need to be advertising where they are retrieving their information.(social media) In this newsletter is an Ad that HQs is using in some of their current ad campaign. If you click on the QR Code on this Ad it will take you to the NARFE website Advocacy page. Use this AD when you are talking to a prospective new member. Tell them to click on the QR code for more information about NARFE. Advertising is not cheap! Let's start using our federation's 10% funds and help NARFE Thrive.

continued.....

**The following articles are in this newsletter:**

**Legislative issues** - A map of the congressional districts with our two senator's information followed by the US Representatives and their information.

This is followed by "Grassroots Advocacy /Benchmarks". Anytime you correspond with you Senators or Representative, no matter what avenue you use, inform NARFE Advocacy group so they can add those to the Federations goals for advocacy.

**Marketing Ideas** – Get the NARFE Name out to the federal agencies / employees / retirees who do not know about NARFE and what NARFE can do for them. Example of an AD for NARFE with a QR code.

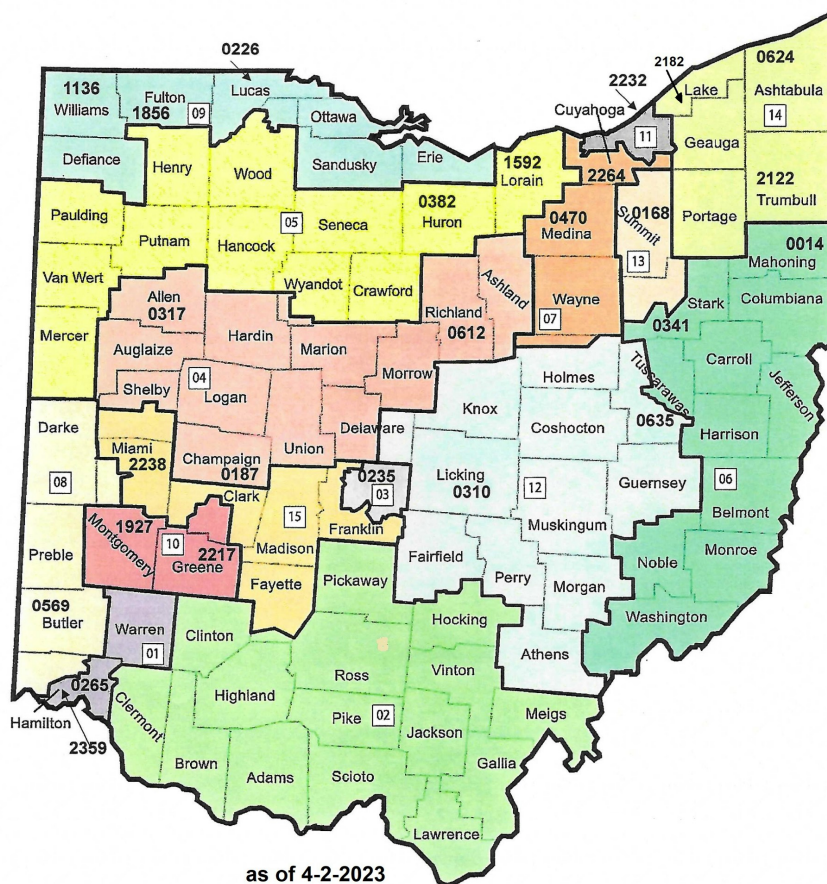
**Membership Report** - Latest number of Chapters, Members in Chapters and National-Only files.

**Toledo District VP and Columbus District VP's reports.**

**Alzheimer reports from our Federation and Region IV Alzheimer Chair.**

**Tim Gartner**  
**Ohio Federation President**  
**narfetim48@gmail.com**

Ohio Federation of NARFE  
Congressional Districts with Chapters





**Senator Jon Husted—Republican**

SR-304 Russell Senate Office Building  
Washington, DC 20510  
202-224-3353

420 Madison Ave, Suite 1210, Toledo, Ohio 43604  
567-304-3777

John W. Bricker Federal Building  
200 North High St. Suite 600  
Columbus, Ohio 43215  
614-369-4925

300 North Main Street, Suite 200  
Middletown, Ohio 45042  
513-318-1100

1240 East 9th Street, Suite 3061  
Cleveland, Ohio 44199  
216-539-7877



**Senator Bernie Moreno - Republican**

SR-284 Russell Senate Office Building  
Washington, DC 20510  
202-224-2315

Bricker Federal Building  
200 North High St. Room 618  
Columbus, Ohio 43215  
614-469-2083

Carl B. Stokes U.S. Courthouse  
801 W. Superior Ave., STE 1400  
Cleveland, Ohio 44113  
216-522-7272

John W. Peck Federal Building  
550 Main Street, STE 10-273  
Cincinnati, Ohio 45202  
513-684-1021

## OHIO REPRESENTATIVES



Greg Landsman  
1st District D.



David Taylor 2nd  
District R.



Joyce Beatty  
3rd District R.



Jim Jordan  
4th District R.



Robert Latta  
5th District R.



Michael Rulli 6th  
District R.



Max Miller 7th  
District R.



Warren Davidson  
8th District R.



Marcy Kaptur  
9th District D.



Michael Turner  
10th District R.



Shontel Brown 11th  
District D.



Troy Balderson  
12th District R.



Emilia Sykes 13th  
District D.



David Joyce  
14th District R.



Mike Carey 15th  
District R.

# OHIO HOUSE OF REPRESENTATIVES

<u>District</u>	<u>Name</u>	<u>Party</u>	<u>Office</u>	<u>Phone</u>	<u>Committee Assignment</u>
1st	<u>Landsman, Greg</u>	D	1432 LHOB	(202) 225-2216	Small Business, Veterans' Affairs
2nd	<u>Taylor, David</u>	R	305 CHOB	(202) 225-3164	Agriculture, Committee on Transportation and Infrastructure
3rd	<u>Beatty, Joyce</u>	D	2079 RHOB	(202) 225-4324	Financial Services
4th	<u>Jordan, Jim</u>	R	2056 RHOB	(202) 225-2676	Select Subcommittee on the Weaponization of the Fed Govt, Oversight and Accountability, Judiciary
5th	<u>Latta, Robert</u>	R	2467 RHOB	(202) 225-6405	Energy and Commerce
6th	<u>Rulli, Michael</u>	R	421 CHOB	(202) 225-5705	Energy and Commerce, Judiciary, Ways and Means, Financial Services, Oversight and Government Reform
7th	<u>Miller, Max</u>	R	143 CHOB	(202) 225-3876	Agriculture, Science, Space, and Technology
8th	<u>Davidson, Warren</u>	R	2113 RHOB	(202) 225-6205	Financial Services, Foreign Affairs
9th	<u>Kaptur, Marcy</u>	D	2186 RHOB	(202) 225-4146	Appropriations
10th	<u>Turner, Michael</u>	R	2183 RHOB	(202) 225-6465	Armed Services, Oversight and Accountability, Intelligence
11th	<u>Brown, Shontel</u>	D	449 CHOB	(202) 225-7032	Agriculture, Oversight and Accountability, Select Comm on the Strategic Competition US and China
12th	<u>Balderson, Troy</u>	R	2429 RHOB	(202) 225-5355	Energy and Commerce
13th	<u>Sykes, Emilia</u>	D	1217 LHOB	(202) 225-6265	Transportation and Infrastructure, Science, Space, and Technology
14th	<u>Joyce, David</u>	R	2065 RHOB	(202) 225-5731	Appropriations, Ethics
15th	<u>Carey, Mike</u>	R	1433 LHOB	(202) 225-2015	House Administration, Ways and Means





## **GRASSROOTS ADVOCACY /GRASSROOTS BENCHMARKS**

### **GRASSROOTS ADVOCACY**

A core mission of the National Active and Retired Federal Employees Association (NARFE) is advocacy. Our advocacy entails protecting the earned pay, rights, and benefits of all federal/postal employees, retirees and annuitant survivors. Member voices are crucial to advancing NARFE's legislative priorities. Members of Congress want to hear from their constituents about how the issues are affecting their lives.

**What are Benchmarks?** These are goals set for the various grassroots actions taken. It is a new NARFE grassroots initiative to improve activism, and create incentive!

**How do Benchmarks work?** Members can earn points on their federations behalf by taking different grassroots actions. Benchmarks are set on a quarterly basis, and calculated by federation size to ensure fairness. *Check out the ways you can earn points:*

**Action letters**

**Sending a Tweet**

**Engaging with Congress** (must report via **event feedback form**)

**What is the incentive?** Federations that earn Platinum, Gold, Silver and Bronze designations could win a special prize! So far Ohio is in the Bronz category. **Let's get busy and contact congress in 2025.**

**CONTACT CONGRESS NOW—UTILIZE NARFE’S LEGISLATIVE ACTION CENTER TO SEND LETTERS TO YOUR MEMBERS OF CONGRESS URGING THEM TO RESPOND TO EXECUTIVE ACTIONS TARGETING PUBLIC SERVANTS, PROTECT THE MERIT-BASED CIVIL SERVICE AND OPPOSE CUTS TO EARNED FEDERAL BENEFITS. [NARFE.ORG/ADVOCACY/EMERGING-THREATS](https://www.narfe.org/advocacy/emerging-threats)**

**TOP PRIORITY FOR CURRENT FEDERAL EMPLOYEES:  
SAVING THE CIVIL SERVICE ACT H.R. 492**

The Saving the Civil Service Act is vital for safeguarding our merit-based civil service. By supporting this act, you help ensure that our government remains nonpartisan, efficient, and serves the American people effectively. • Any efforts to reintroduce Schedule F or similar measures threaten to dismantle the merit-based system, potentially replacing it with a system where political loyalty is prioritized over expertise and experience. • The return of Schedule F could severely impact government efficiency, undermine employee morale, and erode public trust in federal agencies. It is essential to protect the integrity and impartiality of our civil service. • The merit-based system provides continuity through changing administrations and preserves the institutional knowledge and expertise necessary for the effective functioning of federal agencies. By preventing the reimplementing of Schedule F, the Saving Civil Service Act safeguards against the stripping away of thousands of civil service positions. • Please ask your representative to co-sponsor the Saving the Civil Service Act. Protecting our merit-based civil service system is critical for maintaining the quality and fairness of federal employment, now and for future generations.

**TOP PRIORITY FOR BOTH CURRENT AND RETIRED FEDERAL EMPLOYEES:  
EQUAL COLA ACT H.R. 491**

The Equal COLA Act, H.R. 491 would provide the full cost-of-living adjustment (COLA) for Federal Employee Retirement System (FERS) annuities, which would be in line with the full COLAs that CSRS retirees and Social Security beneficiaries currently receive. • A COLA is provided to offset or reduce the effects of inflation on retirement benefits. Inflation erodes the purchasing power of retirement income over time. • Please ask your representative to co-sponsor the Equal Cola Act. Protecting our merit-based civil service system is critical for maintaining the quality and fairness of federal employment, now and for future generations.

## MARKETING IDEAS

The federation is looking into spending some of our 10% money to advertise via online and social media using a process called “geofencing” to get the branding of the NARFE Name out to Federal employees/retirees who have not heard of NARFE. Practically all federal employees and a lot of retirees are using their phones and social media to retrieve information in today’s world. We need to be advertising where they are retrieving their information.

We have included a full-page Ad that HQs is using in some of their current ads. The QR Code at the bottom of the ad below when scanned will take them to the NARFE website Advocacy page where it tells them about legislation concerning federal employees and gives them a link to join NARFE. Keep this QR code with you when you are talking to a prospective new member. Tell them to click on the QR code for more information about NARFE. If they go to it and decide to join make sure they have your name and NARFE ID# (on your magazine) so you can get credit for signing them up.

We are hoping this will get the “branding” of the NARFE Name out to the Federal agencies as well as individual federal employees and to the federal retirees who do not know what NARFE is.



RIFS • EARLY OUTS • DOGE • SCHEDULE F • LAYOFFS  
COLAS • RETIREMENT • DEFERRED RESIGNATIONS



### Are you a worried Fed?

NARFE is the **only** organization solely dedicated to protecting and preserving the benefits of all federal workers and retirees.

#### NARFE Stands with the Federal Workforce

As the new administration moves quickly to implement new policies that affect active and retired federal employees, NARFE counters with speed and continues advocating against policies we believe are harmful to the federal workforce and its work on behalf of the American people.

Join NARFE today!



For more information, call  
NARFE at 800-456 8410 x1

[NARFE.org](https://www.narfe.org)

National Active and Retired Federal Employees Association



## MEMBERSHIP REPORT

The Membership Drive is currently going on (Sept 1 thru Dec 31<sup>st</sup>). You can earn \$10.00 for each "new member" that you sign up (plus you will be eligible for some prizes) . So, what can you personally do?

All of us have mail delivered to our house. This means you have a federal employee coming to your house nearly every day. Meet them at your mailbox one day and give them your NARFE Magazine and tell them to look it over because it is a magazine for Federal employees/retirees. If they are interested in learning more, have them visit the NARFE website at [www.narfe.org](http://www.narfe.org). If they decide they want to join tell them they can join online OR fill out the application that is in the magazine. Just make sure you put your name and NARFE ID on the application form before you give them the magazine. (Your Id# is on the magazine).

Another thing you can do is copy the NARFE AD that is in this newsletter that has the QR code at the bottom of the AD. Use it when you are talking to a prospective new member. Let them scan the QR code with their phone so it takes them to the NARFE website. It will give them more info about NARFE. If they go to it and decide to join, make sure they have your name and NARFE ID# so you can get credit for signing them up.

### Here is where the Federation stands on our members and chapters:

By the end of this year the federation will be at 22 chapters.

Chapters closing (n process) are 0470 (152 members), 1136 (8 members), and 2359 (1 member).

Our Chapter membership total is **1596 members**  
Our National-only membership total is **2096 members**

<u>Chap#</u>	<u>C</u>	<u>N</u>	<u>Chap#</u>	<u>C</u>	<u>N</u>	<u>Chap#</u>	<u>C</u>	<u>N</u>
0014	28	37	0168	39	68	0187	62	82
0226	62	80	0235	113	297	0310	253	99
0317	24	37	0341	55	42	0382	16	30
0470	139	189	0569	157	313	0612	16	39
0624	16	10	0635	31	42	1136	0	3
1592	59	87	1856	13	13	1927	130	119
2122	12	17	2182	27	55	2217	107	98
2232	85	89	2238	79	155	2264	72	95

*The C = Chapter Mbrs      The N = National-only Mbrs*

**Membership drive (till Dec 31, 2025.) Earn \$10.00 for each new member (plus you will be eligible for prizes).**



**Toledo District Report**  
***TOLEDO DISTRICT NARFE***

Toledo Chapter 226 – Charter Date -- Dec. 1,1952  
John Polk-Lima Chapter 317 – Charter Date -- Sept. 1, 1953  
Firelands-Sandusky Chapter 382 – Charter Date -- Dec. 1, 1953  
Williams County – Bryan Chapter 1136 – Charter Date – Dec. 1, 1970  
Fulton-Henry County Chapter 1856 - Charter Date – Dec. 1, 1981  
Current Membership Totals as of Sept. 1, 2025

Chapter Name and No.	Chap Members	National Members	Total	Dues WHH
Toledo Chapter 226	63	80	143	24
John Polk Lima Ch 317	24	37	61	17
Firelands-Sandusky Chapter 382	17	29	46	8
Williams Co. - Bryan Chapter 1136	10 – now zero	8 – now 3	3	Not available
Fulton-Henry Co. Chapter 1856	13	13	26	7

Hello

Ohio Chapters are in distress – spiraling downwards from a lack of leadership. No finger pointing intended, because Chapter Officers have spent years in service and dedication to their respective chapters. It is with extreme defeated attitude, that I confirm the closing THREE of the FIVE Toledo District Chapters.

Surviving are John Polk-Lima Chapter 317 and Toledo Chapter 226. Both Chapters still meet on their scheduled meeting dates and each has strong leadership at this time.

Williams County -Bryan Chapter had its closing meeting on Thursday, Feb. 29, 2024. It appears that chapter is now closed. Bryan Chapter had not met in several years due to the passing of their officers and meeting attendees.

Firelands- Sandusky Chapter 382 did continue to meet after their vote to close meeting. Chapter 382 lost their Chapter President in April 2023 and the Chapter Treasurer passed January 2024. These members are delightful and very welcoming each time I did attend their Chapter meetings.

Fulton-Henry County Chapter 1856 asked to merge with Toledo Chapter in July 2024. Coincidentally, the topic of Chapter Mergers was on the 2024 National Ballot. This chapter would not need a vote to close since it filled the qualification of having no leadership/officers. I have been informed there is a process for merging chapters – but still does require the one chapter to close.

**Ohio Federation Treasurer**

Hello members,

August Statements were not available by the newsletter deadline.

During the July 17 [Ohio] Federation Board Zoom meeting, two agenda items involved the federation accounts. Members voted to move forward in getting a third signor on the accounts and to not roll the CD that will mature this month. The paperwork was signed and submitted to our account agent for the third signor.

Thank you,

Lynnette – Ohio Federation Treasurer – Toledo District VP

**Toledo Membership Information**

For a brief shining moment, it APPEARED that for the FIRST time ever, there would be a NARFE Membership table at the Ohio Association of Letter Carrier Convention. This was held at a Hilton Union Hotel Aug 7-9. Toledo Chapter President did the ground work and was approved for the table. Supplies ordered from NARFE HQ and volunteers in place to work the table. Toledo Chapter President then got a call to cancel since NARFE and NALC differ on some issues.

**CENTRAL DISTRICT REPORT**  
**SANDY GARTNER CENTRAL DISTRICT VP**

To all of our members: We would like for you to make sure your address, phone number and email are current at NARFE HQ. so that we can inform you about important issues that come up that could affect the current and retired federal employee and survivor annuitant . Contact me at [sgartner@windstream.net](mailto:sgartner@windstream.net) or call 740-404-9787 and leave and message and I can help you with that.

**CHAPTER 235 COLUMBUS**

The Chapter meets at the MCL Cafeteria on the first Thursday of the month at 5240 E. Main Street, Whitehall, OH. The doors open at 11:00am for lunch on your own and then the meeting starts at 12:00. They have been having some very good speakers on subjects related to federal employee, retiree and survivor annuitant issues. We would love to see you attend the meeting and bring a prospective member with you.

As of 9/14/2025 they have: 113 Current Chapter Members

297 National Only Members

Total: 410 Current + National

**CHAPTER 310 LICKING COUNTY NEWARK**

The Chapter meets at the Licking County Aging Partners facility at 1058 E. Main Street in Newark on the 2nd Tuesday of the month from 10:00am to noon. The chapter furnishes donuts and coffee and lots of good information about legislative issues that affect our annuities and health care. We look forward to seeing you at a meeting. Bring a prospective member

As of 9/14/2025 they have: 253 Current Chapter Members

99 National Only Members

Total: 352 Current + National

**CHAPTER 612 JOHNNY APPLESEED MANSFIELD**

The Chapter meets at the Gold Corral Restaurant at 575 Lexington-Springmill Rd, Onterio on the 2nd Monday of the month at 1:00 for lunch followed by the meeting. The chapter has updates on legislative issues that could affect our annuities and health benefits.

As of 9/14/2025 they have: 16 Current Chapter Members

39 National Only Members

Total: 55 Current + National



The Alzheimer's Association logo, which consists of the text "alzheimer's association" in a white, lowercase sans-serif font, followed by a white circular icon containing a stylized brain or ribbon shape. The logo is set against a dark purple rectangular background.

## OHIO NARFE-ALZHEIMER'S REPORT

During **Fiscal Year 2025** (July 1, 2024 to June 30, 2025) Ohio NARFE members donated **\$4,887.50** compared to \$3,859.25 raised in Fiscal Year 2024. Donations for July 31, 2025, which is the start of Fiscal Year 2026, are \$778.00. This currently puts Ohio in second place in Region IV. This is a GREAT way to start the new fiscal year! It is because of **YOU**, the NARFE members, who are making the sacrifice to help NARFE-Alzheimer's Research find a cure for Alzheimer's!

Donations for The Longest Day for 2025 have not been tabulated yet as donations were still coming in till the end of August. Looking at the **2025 WALK to End Alzheimer's**, there are 32 **WALKS** scheduled in 2025 beginning **September 6** (Circleville and Defiance) and ending on **October 25** (Springfield). You can check online at: <https://www.alz.org/narfe>. Information on registering your NARFE chapter team can be found online by scrolling down until you find "Join NARFE Walk." If you can't register online, there is information for registering manually. And remember that you can still register for a **WALK** even if there is no WALK near you. Just register your NARFE Chapter Team and walk wherever you can. Donations collected can be forwarded directly to Alzheimer's Association or to your local Alzheimer's Association Chapter. You can find information on the website [www.alz.org/walk](http://www.alz.org/walk). **A reminder to all:** When donating to the **WALK to End Alzheimer's**, be sure to make your check payable to: **Alzheimer's Association – WALK to End Alzheimer's**. Checks should be mailed to the local contact person shown on the website for your scheduled WALK. If you can't locate the address, please contact me and I will help you. All Chapter Presidents were given a list of WALKS with contact and location information. Please check with your Chapter Presidents. You can donate online by using your credit card; a donation receipt will be emailed to you immediately.

The Alzheimer's Association recently published the results of the U.S. Pointer Study. The two-year study concluded in April and was reported on July 28, 2025 at the Alzheimer's Association International Conference (AAIC). The results of the study on 2,111 participants, ages 60-79 years old, showed that a lifestyle program of exercise, improved nutrition, cognitive and social challenges and health monitoring resulted in protecting their brain health. Participants in the study showed that their cognitive testing was equal to those one-to-two years younger. The best results were those of the group under a structured lifestyle program. The study will continue for an additional four years. It is hoped that the results will be applied to the general population at risk of Alzheimer's by their healthcare providers.

As a reminder, all checks are to be made payable to **NARFE-Alzheimer's Research**, contain a complete address on the payor's check, and notate in the "memo" section your NARFE chapter number. Chapter Alzheimer's Coordinators or Chapter Treasurers are to mail checks along with the Chapter Transmittal Form to Diana Iuliano-Chan, Ohio Federation Alzheimer's Coordinator, 1055 Canyon St. NW, Uniontown, OH 44685-8534.

If you have any questions, please contact me, Ohio Federation Alzheimer's Coordinator Diana Iuliano-Chan, at [diananarfe341@gmail.com](mailto:diananarfe341@gmail.com).



The Alzheimer's Association logo, which consists of the text "alzheimer's" in a lowercase, sans-serif font, followed by a circular icon containing a stylized brain, and then the word "association" in a lowercase, sans-serif font. The entire logo is set against a dark purple rectangular background.

## NARFE-ALZHEIMER'S UPDATE

National NARFE-Alzheimer's total for Fiscal Year 2025 covering the period July 1, 2024 to June 30, 2025 is **\$340,544.25**. The cumulative total since 1985 is now \$16,705,500.27 which includes donations raised in The Longest Day and WALK to End Alzheimer's. The 2024 Longest Day donations total \$2,821.52. Donations for The Longest Day for 2025 have not been calculated yet as donations could still be made until the end of August. Donations raised in the 2024 WALK to End Alzheimer's total \$84,413.00.

Registration is open for the **2025 WALK to End Alzheimer's**. Register by going to: <https://www.alz.org/narfe>, scroll down until you find "Join NARFE Walk Team." You will find information on how to register online. Locate your local **WALK** and register your team. Be sure to identify your team with the name "NARFE" and either your chapter number or other unique name you want to use. NARFE-Alzheimer's will be able to track all "NARFE" teams this way to ensure that we are accounting for ALL NARFE-Alzheimer's dollars raised. And remember that your fundraising can begin NOW! Help NARFE reach its goal of more than **\$100,000.00 AGAIN in 2025!**

**WALKS** are currently scheduled and are running from September until November depending upon where you live. If your chapter has not registered for the **WALK**, we are asking you to do so now. If you miss your area's **WALK**, sign up for another **WALK** just so long as you get your chapter registered. Your chapter members can **WALK** and raise funds for the **2025 WALK to End Alzheimer's** in their local area. Donations can be sent to Alzheimer's Association and identified as **2025 WALK to End Alzheimer's** or send the funds to your local Alzheimer's Association.

Funds raised through **Walk to End Alzheimer's** are used to advance the care, support and research efforts of the Alzheimer's Association. With your help, they are able to deliver information and education to millions of individuals, caregivers and medical professionals who face dementia every day, provide care and support across the area, advocate for the needs and rights of people facing Alzheimer's, and advance research seeking methods of prevention, treatment and ultimately, a cure.

Alzheimer's Association has set up a **Planned Gift Giving** for members who wish to make donations from their IRA (Individual Retirement Account), a charitable gift annuity, a charitable remainder trust, and gifts through a Will or Trust. More information can be obtained from Alzheimer's by emailing [plannedgiving@alz.org](mailto:plannedgiving@alz.org) or by calling 866-233-5148. The amount donated by NARFE members in a planned gift also counts towards the NARFE's National Goal, which is now **\$17,000,000** by the end of 2026. Planned Gift Giving in FY 2025 is currently \$46,057.86.

**REMEMBER! The FIRST Survivor of Alzheimer's is out there! Let's continue to Fight to find a cure!**

If you have any questions regarding the NARFE-Alzheimer's Research Program, please contact Diana Iuliano-Chan, Region IV NARFE-Alzheimer's Regional Coordinator at [diananarfe341@gmail.com](mailto:diananarfe341@gmail.com).