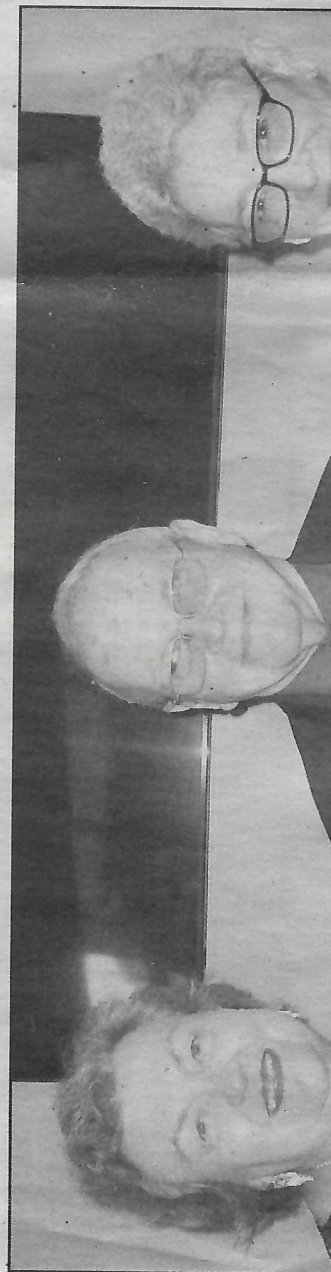




Officers sworn in, from left, Elroy Noel, President NARFE Chapter 1396; Carol Carrone, Public Relations; Lorna Seals, Alzheimer's Coordinator; Sherry Deadmond, 2nd Vice-President; Jim Johnson, 1st Vice-President & Service Officer; Marilyn Linker, Treasurer; Cindy Arsenaux, Social Officer; and sworn in by: Vernella Rogers, NARFE President Chapter 41 & LA Federation Secretary.

### Group donates \$1k to Alzheimers, swears in officers

National Active & Retired Federal Employees celebrated the holidays with a Christmas luncheon and swearing in of officers for 2024. Also, Chapter 1396 donated \$1000 to the Alzheimer's Fund collected for the year of 2023.



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## Suicide Help Lines

**Feeling Depressed or Suicidal?**

St. Tammany Parish is focusing more attention on helping those who face mental health issues such as anxiety, depression or suicidal thoughts. There is help for you by **CALLING** or **TEXTING** any of the following