



VIRGINIA FEDERATION OF NARFE (VFN) 2026 Annual Meeting and Conference

“Your Voice, Your Future, Our Mission”

Sunday, April 12, 2026

Registration: 3:00 p.m.- 5:00 p.m. Pre-Function Area
 Silent Auction: 3:00 am – 5:00 pm Blue Ridge Room

Monday, April 13, 2026

Registration: 8:00 a.m.- 12:00 p.m. Pre-Function Area
 Registration: 2:00 p.m.- 4:00 p.m. Pre-Function Area
 Silent Auction: 8:00 am – 4:30 pm Blue Ridge Room
 Exhibits: 8:00 am – 4:00 pm Pre-Function Area
 TruHearing: 8:00 am – 4:00 pm Allegheny A

8:30 a.m. Coffee, Meet, Greet & Get Ready **Shenandoah Ballroom**

AGENDA

Monday, April 13, 2026

<p>9:00 a.m. – 9:30 a.m. Annual Conference</p> <p>Presiding Officer Moment of Reflection Call for the Colors Presentation of Colors National Anthem Pledge of Allegiance to the Flag of the United States of America Welcome to the Conference Introduction of Past VFN Presidents and National Officers Conference Registration Report Presentation of Annual Meeting Standing Rules Presentation of Conference Program Recognize 1st Time Registrants</p>	<p>Shenandoah Ballroom Deborah Fisk, VFN President Leslie Ravenell, VFN Past President Larry McIlwee, VFN Service Officer JMU Army ROTC Color Guard Larry McIlwee, VFN Service Officer</p> <p>Jim Little, VFN Treasurer Deborah Fisk, VFN President</p> <p>Doris McAdams, VFN 1st Vice President Linda Shook, Chapter 0180</p> <p>Larry McIlwee, VFN Service Officer Kathy Arpa, Conference Chair Kathy Arpa, VFN Membership Chair</p>
<p>9:30 a.m. – 11:00 a.m.</p> <p>Alzheimer’s Support and Hope Mark My Journey with Alzheimer’s</p>	<p>Lissa Greenlee</p> <p>David Stephens</p>

RECESS

11:00 a.m. – 12:45 p.m. **The Virginia Federation Annual Membership Meeting**

Roll Call of Officers	Karen Cheatwood, VFN Secretary
President's Report	Deborah Fisk, VFN President
Treasurer's Report	Jim Little, VFN Treasurer
Audit Report	Thomas Rachele, Audit Committee Chair
Bylaws Report	Leslie Ravenell, VFN Past President/Bylaws Chair
1 st Vice President	Doris McAdams
2 nd Vice President	Patricia Wolfe
Region X Vice President	Robert Allen

12:45 p.m. **Adjourn Annual Membership Meeting**

12:45 p.m. – 1:00 p.m.

Announcements

1:00 p.m. – 2:00 p.m.

Lunch – Shenandoah Ballroom

RECONVENE – Annual Conference – Shenandoah Ballroom

2:00 p.m. - 2:45 p.m.

NARFE Region X Vice President Robert Allen

2:45 p.m. - 3:30 p.m.

NARFE Staff Vice President Advocacy John Hatton

3:30 p.m. - 3:45 p.m.

Break and Visit Exhibits & Auction

3:50 p.m. – 4:35 p.m.

Workshop Membership	Nora MacDonald	Allegheny B & C
Workshop Leadership	Mary Leftridge Byrd	Appalachian A & B
Workshop Planning		Appalachian C

4:40 p.m. – 5:25 p.m.

Workshop Membership	Nora MacDonald	Allegheny B & C
Workshop Leadership	Mary Leftridge Byrd	Appalachian A & B
Workshop Planning		Appalachian C

5:30 p.m. – 6:00 p.m.

Area I, II, & IV	Riddle/Warren/Taylor	Appalachian C
Area III & VII	Graunke/Greene	Appalachian A & B
Area IX & X	Campbell/Pasek	Allegheny B & C

7:00 p.m. – 8:00 p.m.

Welcome Reception

Shenandoah Ballroom

8:00 p.m. – 9:30 p.m.

“Mingle & Karaoke”

Shenandoah Ballroom

Monday Evening
VFN RECEPTION

APRIL 13, 2026 | 7:00 PM - 8:00 PM

FOLLOWED BY:

**MINGLE &
KARAOKE!**



★ **FUN** ★ **DRINKS** ★ **MUSIC** ★

Tuesday, April 14, 2026

Registration: 8:00 a.m.- 12:00 p.m.

Registration: 2:00 p.m.- 4:00 p.m.

Silent Auction: 8:00 am – 4:30 pm

Exhibits: 8:00 am – 5:00 pm

TruHearing: 8:00 am – 4:00 pm

Pre-Function Area

Pre-Function Area

Blue Ridge Room

Pre-Function Area

Allegheny A

Tuesday, April 14, 2026

9:00 a.m. – 9:15 a.m.

Presiding Officer
Conference Registration Report

Shenandoah Ballroom

Deborah Fisk, VFN President

Linda Shook, Chapter 0180

9:15 a.m. – 9:45 a.m.

Memorial Service

Leslie Ravenell, VFN Past President

9:45 a.m. – 10:40 a.m.

Special Remarks

William Shackelford, NARFE President

10:45 a.m. – 11:30 a.m.

“Avoiding Everyday Scams”

Shawn Smith, Senior Medicare Patrol

11:30 a.m. – 11:45 a.m.

Break and Visit with Exhibits & Auction

11:45 a.m. – 12:45 p.m.

“Challenges, Successes, and
Shared Solutions”

Chapter Roundtable

12:55 p.m. – 1:00 p.m.

Announcements

1:00 p.m. – 2:00 p.m.

Lunch, Shenandoah Ballroom

2:00 p.m. – 3:00 p.m.

“9/11: 25 Years Later”

James R. "Ros" Poplar, USN –Retired

3:00 p.m. – 4:00 p.m.

“Managing Stress with Exercise
And Nutrition”

Doug Hudgins, BSN, RN (FEP)

4:00 p.m. – 4:30 p.m.

Vendor Appreciation

Cynthia Graunke, VFN Comm. Chair

An Evening of Recognition & Fellowship

5:30 p.m. – 6:00 p.m.

Social - Cash Bar

6:00 p.m. – 6:15 p.m.

General Seating

6:20 p.m. – 6:40 p.m.

Introduction Special Guests

7:00 p.m. – 8:00 p.m.

Blessing & Dinner

8:00 p.m. – 8:20 p.m.

Special Presentations

8:30 p.m. – 10:00 p.m.

TBD



YOUR VOICE, YOUR FUTURE, OUR MISSION

VFN BANQUET

AN EVENING OF AWARDS & ENTERTAINMENT

- ★ **Special Awards**
- ★ **2025 VFN Management Award**
- ★ **Recognition by the President**
- ★ **Introduction of Special Guests**
- ★ *Delicious Dinner & Entertainment To Be Determined*

TUESDAY, APRIL 14, 2026 • 5:30 PM - UNTIL CONCLUSION

HOTEL MADISON & SHENANDOAH VALLEY CONFERENCE CENTER



The bottom half of the poster features a detailed scene of a dinner table. On the left, a small American flag is partially visible. In the center, there are several lit candles in gold holders. To the right, a set of wine glasses is arranged on a white plate, with one glass filled with a golden bubbly beverage. The background is a soft-focus bokeh of warm lights, suggesting an elegant dining atmosphere.

Wednesday, April 15, 2026

9:00 a.m. – 9:30 a.m.

Presiding Officer
Conference Registration Report
Alzheimer's Awards/Drawings
Special Recognitions

Shenandoah Ballroom

Deborah Fisk, VFN President
Linda Shook, Chapter 0180
Donna Shackelford, Alzheimer's Chair
Deborah Fisk, VFN President

9:30 a.m. – 10:00 a.m.

Webpage & FEDHub

Deborah Fisk, VFN President

10:00 a.m. – 11:00 a.m.

"Women Airline Pilots
50-Year Changes"

Mary Bush Shipko

11:00 a.m. – 11:15 a.m.

Break

11:15 a.m. – 12:30 p.m.

"AI is Here. What Happens
to Us?"

Lindsey Mastis

12:30 p.m. – 1:00 p.m.

Conference Report
Closing Remarks
Drawing for Registration Award
Announcements
Closing Reflection
Adjournment Sine Die

Doris McAdams, VFN 1st VP
Deborah Fisk VFN President
Patricia Wolfe
Larry McIlwee, VFN Service Officer
TBD

VFN Post Board ZOOM Meeting – Wednesday, April 22, 2026 @ 2:00 p.m.

As we conclude, please remember to check out the last page of your Program Book and complete the conference evaluation. You may

turn in the printed form today or complete an online version using your feedback, this will help shape future conferences and ensure we continue meeting the needs of our members.



Thank you for being part of this conference and for your dedication to NARFE. We hope you return to your chapters inspired, energized, and filled with new ideas to strengthen membership, advocacy, and service in your communities.

Safe travels, and we look forward to seeing you again soon.

"Your Voice, Your Future, Our Mission"
250 Years of Voices. One Shared Mission