

Absent HR Support, Feds Turn to NARFE

Remember when you could just go down the hall to see your human resources specialist to help you with benefit questions and personnel issues. Federal employees no longer have the luxury of an in-house human resources expert. If you need help, your only option is to get information online with little, if any, guidance. Federal retirees only option is to navigate a cumbersome OPM web site, or call OPM and hope you don't get a busy signal. If you're lucky, you'll get through to OPM and wait an average of 20 minutes per OPM. **The National Active and Retired Federal Employees Association (NARFE)** is today's equivalent to the human resources department of old where you can get quick answers to your benefit and personnel questions and advice on how to get the most out of your hard-earned benefits. NARFE has a team of federal benefits specialists you can call for answers to complex questions.

The **NARFE Guide to TSP Withdrawal Options** is one example of what NARFE can do for you... one of a series of NARFE publications about federal benefits. Another example is the monthly NARFE Magazine, which is chock-full of federal benefits and retirement information. In addition, it's a comprehensive source of information about federal legislation affecting our pay and benefits. And if that's not enough, NARFE reaches out to its members through the many tools provided by the Internet.

NARFE's electronic footprint includes its web site (**NARFE.org**), **Facebook**, and **Twitter**. Local NARFE chapters maintain a web site at **NARFE.org/site/chapter1927** (Dayton NARFE on Google). The local site features legislative updates, local and state NARFE newsletters, frequently asked benefit questions, and a special section on the OPM cyber security updates. By sharing your email address with **NARFE.org** you will get weekly electronic newsletters, NARFE legislative alerts, and local NARFE news. You can also send emails to your elected representatives and track legislation through **NARFE's Legislative Action Center**.

Internet active members have access to programs (webinars) from the NARFE Federal Benefits Institute. Those resources are always FREE to members. Recent programs include: 5 Year Countdown to Retirement, Exploring TSP Withdraw Options, Estate Planning for Feds, and Should I Stay or Should I Go? (early retirement and buyouts). All programs are available free to members at **www.NARFE.org**. Non members pay \$39.95 per webinar.

NARFE will give you accurate reliable information and guidance on your federal benefits. NARFE also advocates for your benefits before Congress. That's what NARFE can do for you. Get the most out of your federal benefits and help protect those benefits by joining NARFE today at **www.narfe.org/3wp** or call toll-free at 800-627-3394.



**National Active and Retired
Federal Employees Association**