



# SUNRISE ALERT

## NARFE SUNRISE CHAPTER 1658

### CITRUS HEIGHTS CA 95610

Chartered August 1979

Published Monthly

NOVEMBER 2025

**MEETING DATE: THURSDAY NOV 13, 2025**

**RESERVATIONS: BY MONDAY NOV 10, 2025**

**PLACE: SIERRA REGENCY RETIREMENT  
1015 MADDEN LANE, ROSEVILLE 95661**

**Elsie Holmes 916 749-3566 OR  
Sandy Barron 916 204-5122**

**NEAR CIRBY, OFF SUNRISE, TURN AT  
WEINERSNITZEL, TO END, THROUGH  
GATE, NO PARKING IN COVERED SPOTS**

**MENU Thanksgiving dinner with turkey,  
dressing, mashed potatoes and gravy, green  
bean casserole and cranberry sauce OR  
Philly cheesesteak sandwich with onion rings.**

**Social Time: 11:45 AM Lunch at 12:00 Noon**

**Soup, Dessert and Drinks with both**

**Meeting follows (if you can't come for lunch,  
feel free to come for the meeting approx. 12:30)**

**PRICE: \$15.00 exact cash/check @ door**

**MEETINGS 2<sup>ND</sup> THURSDAY EACH MONTH**

### **PROGRAM**

Our annual Alzheimer's Fundraiser Sale and FEHB Open Season Plan brochures will be available and representatives from many of the providers will be on hand to answer questions.

**PRESIDENT'S MESSAGE Jeri Benson 916 412-2703 [jjbenson@surewest.net](mailto:jjbenson@surewest.net)**

Two things going on at this month's meeting. First, it is our Annual Alzheimer's Fundraiser (everything our members donate) Sale. Please attend and bring everything you no longer need that someone else might like such as artwork, books, DVDs, CDs, jewelry, décor items, yard art, small appliances, wardrobe accessories or anything else as well as plants, craft items and baked goods. We've been very successful in past years raising a large amount of money for Alzheimer's research. And of course it will all be priced very affordably. Bring your checkbook or lots of cash because you are bound to find things you can't live without. If you've never been to one of our chapter meetings .... this is a good one to start with! Second, I will have brochures from all the FEHB Plan providers (I'll pick them up at the Health Fairs I attend to recruit Federal employees). And we are inviting Representatives from each of them to attend if they can. Open Season dates this year are Nov 10 to Dec 8. So, please gather with us for a fun shopping spree and learn about available FEHB plans and have a good meal and go home with some new treasures! So, call **Elsie** or **Sandy** or use the 'Contact Us' form on the chapter website Meetings page to make your menu selection and then start gathering things and/or baking, crafting. Hope to see you there. Thank You! [www.narfe.org/chapter1658](http://www.narfe.org/chapter1658)

I have always said that the NARFE magazine is one of the best recruiting tools we have. Now this valuable resource has been recognized on the national stage with a 2025 Eddie Award, one of the publishing industry's most prestigious honors, recognizing the best editorial content across association, nonprofit, consumer and business publications. Congratulations to all the NARFE staff involved in producing our outstanding magazine.

"Thank you" to **Sandy Barron** and **Celia Anderson** for staying after last month's meeting to conduct our chapter audit. They declare "All is right" with our finances and commend our Treasurer, **John Benson**, for keeping excellent records.

Regarding our monthly chapter meetings: Reservations for the lunch choice are very important so we can provide Chef Eddie the count for our food order. Please do not wait for **Elsie** to call you, she may not since it has been happening often. Do as **Loretta** does, call your reservation in as soon as you receive your newsletter and that way, you don't forget. Thank You!

***NOVEMBER 2025***

**SECRETARY'S NOTES**     **Jeri Benson 916 412-2703 [jibenson@surewest.net](mailto:jibenson@surewest.net)**

We had 19 NARFE members in attendance at our October meeting enjoying a delicious meal and interesting conversation. **Jeri** gave a report on the "Walk to End Alzheimer's" on Sept. 27<sup>th</sup> at Williamland Park in Sacramento. She and **John** were joined by 3 members of American River chapter: **Dan Mahoney, Wade LaMoureaux** and **Mary Jo Smith**. She displayed one of the 2 "NARFE Supports Alzheimer's Research" signs they carry at these Walks.

We played a Trivia game of Cereal Slogans where you had to match the cereal to its slogan, i.e. "Mikey Likes It" to "Life Cereal". **Wayne Johnson** had the most correct answers with 11 out of 20 (it was hard). Congratulations **Wayne** – you now hold the title of "He Who Knows The Most About Cereal" amongst our members present. Quite a prestigious title! The winner of a free lunch at their next meeting was **Sandy Barron**, who contributes so much to the success of our monthly meetings.

**TREASURER'S REPORT**     **John Benson 916 412-2702 [jibenson@surewest.net](mailto:jibenson@surewest.net)**

The expenses were \$157.66 for processing the newsletter and \$15 for the complimentary lunch won by Jeri Benson. The income was \$153 from National dues reimbursement and \$17 from the 50/50 drawing. I also received a check from a member who had put in a lunch request but then couldn't make it to the meeting. The Chapter is responsible to pay for the lunch orders whether the members are there or not. Please keep this in mind and reimburse the Chapter at the following monthly meeting. The winners of the 50/50 drawing were **Jeri Benson, Paul Gross**, President of the Auburn Chapter, and **John Benson**.

**MEMBERSHIP**     **Jeri Benson 916 412-2703 [jibenson@surewest.net](mailto:jibenson@surewest.net)**

Our report from the National office shows one member was dropped for non-renewal but 7 members renewed their membership – Thank you to the 7. We also learned that member Marsha Obriant who lived in Orangevale passed away. Our sincere condolences to Marsha's family.

**LEGISLATION**     **Charlotte Dodgson 916-837-7320 [dod43cb@live.com](mailto:dod43cb@live.com)**

At this time, NARFE is urging members of Congress to engage in good faith negotiations to find common ground to end the shutdown and the harmful effects it will have on the American public. NARFE is also urging Congress to reject and prohibit implementation of the OMB directive to initiate reductions in force for federal employees impacted by the shutdown, and to demand backpay for furloughed federal employees, which is the law.

President Trump and Republican majorities in the House and Senate are working to advance "**budget reconciliation**" legislation to enact \$4.5 trillion in tax cuts and increase spending on border security and immigration enforcement. To offset the costs of funding those priorities, the House and Senate passed budget resolution, H.Con.Res.14, targeting alternative spending cuts, including cuts to earned federal retirement and health benefits. Don't let them take money from us to pay for their campaign promises of tax cuts and border security. It's the federal workforce who runs the government so perhaps some of the other pet projects should be cut before they take away from employees.

[House Passes Defense Policy Bill, Would Restore DoD Collective Bargaining Rights](#). On September 10, the U.S. House of Representative (House) approved the Fiscal Year 2026 National Defense Authorization Act (NDAA), which contains a provision to reinstate collective bargaining agreements and rights for civilian employees of the Department of Defense (DoD).

**WEBINARS:** We have six crucial Open Season webinars scheduled between October 23 and November 20. You can find registration information in your member portal at [members.narfe.org](http://members.narfe.org), on our upcoming webinars page. Webinars are free for NARFE members, but you must register to attend. And if you're unable to watch live, you can view this and other valuable NARFE webinars on demand at [www.narfe.org/webinar-archive](http://www.narfe.org/webinar-archive). For registration or login questions, call 1-800-456-8410 ext. 1.

## Open Season Webinars

- October 23, 2025 - Medicare: To Part B Or Not To B
- October 30, 2025 - Medicare Advantage Plans
- November 4, 2025 - Open Season Prep (FEHB/PSHB, FEDVIP, FSAs)
- November 6, 2025 - FEHB/PSHB Without Medicare (Active Feds)
- November 13, 2025 - FEHB/PSHB With Medicare
- November 20, 2025 - FEHB and Medicare Prescription Drug Plans

**BIRTHDAYS / ANNIVERSARIES**    Elsie Holmes    916-749-3566    [57holmes@sbcglobal.net](mailto:57holmes@sbcglobal.net)

4 Joyce Ferrarelli 92                      8 Nancy Myeron                      9 Elsie Holmes 91

10 David Webb                              10 John Pearson                      10 Edie Smith

26 Bonnie Bergmann

No Anniversaries to report this month

Wishing you all a Wonderful Birthday !

## **SPECIAL DATES**

We are celebrating 2 special days this month. **November 11<sup>th</sup> is Veterans Day.** Thank you to all of our Veterans for your loyal service and commitment to keeping our country Safe and Free! **November 27<sup>th</sup> is Thanksgiving Day.** Thank you to those Pilgrims who settled here under harsh conditions so that we could have a Safe and Free country!

Oh, and **November 2<sup>nd</sup>** is the end of daylight savings time. Remember to **turn your clocks back** one hour before you go to bed **Saturday night.**

## **2025 SUNRISE CHAPTER 1658 OFFICERS & COMMITTEE CHAIRPERSONS**

President – Jeri Benson 916 412-2703

Vice President – Charlotte Dodgson 209 257-1772

Treasurer – John Benson 916 412-2702

Secretary – Jeri Benson 916 412-2703

Legislation -- Charlotte Dodgson 209 257-1772

Alzheimer's – Kaye Brown 916 719-4669

Membership -- Jeri Benson 916 412-2703

NARFE-PAC -- Charlotte Dodgson 209 257-1772

Chapter Service Officer – Jim Black 916 220-1313

Newsletter Editor – Jeri Benson 916 412-2703

Reservations/Birthdays – Elsie Holmes 916 749-3566

Sunshine – Nancy Myeron 916 988-3024

Programs/SR Liaison – Sandy Barron 916 204-5122

Cashier at meetings – John Benson 916 412-2702

50/50 Drawing – Earlene Storz

Web-Sites:    **Sunrise Chapter Website:**    [www.narfe.org/chapter1658](http://www.narfe.org/chapter1658)

**California Federation:**    [www.narfe.org/ca](http://www.narfe.org/ca)    **National:**    [www.narfe.org](http://www.narfe.org)    **OPM:**    [www.opm.gov/retire](http://www.opm.gov/retire)

NARFE National Headquarters:    606 North Washington Street    Alexandria, VA 22314-1914  
Phone: 703-838-7760                      Hot line: 703-838-7780

***N O V E M B E R 2 0 2 5***

**NATIONAL ACTIVE & RETIRED FEDERAL  
EMPLOYEES ASSOCIATION (NARFE)**  
c/o Editor, 7165 Secret Garden Loop  
Roseville, CA 95747

**Non-Profit Organization  
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Permit #970  
Roseville CA**

**RETURN SERVICE REQUESTED**

**DATED MATERIAL**

### **REPRESENTING YOU IN WASHINGTON**

(District Offices are recommended rather than the Washington D.C. offices)

President Donald Trump, 1600 Pennsylvania Ave. NW, Washington DC 20500 ph (202) 456-1414

Senator Adam Schiff, send all correspondence through the website at: [schiff.senate.gov](http://schiff.senate.gov)

Senator Alex Padilla, 501 I Street Suite 7-800, Sacramento CA 95814 ph (916) 448-2787

Dist 3 Rep. Kevin Kiley, 6538 Lonetree Blvd Suite 200, Rocklin CA 95765 ph (916) 724-2575

Dist 4 Rep. Mike Thompson, 622 Main Street Suite 106, Woodland, CA 95695 ph (530) 753-5301

Dist 5 Rep. Tom McClintock, 4359 Town Center Blvd. Suite 210, El Dorado Hills CA 95762

ph (916)-786-5560

Dist 6 Rep. Ami Bera, 8950 Cal Center Drive, Bldg 3, Suite 100, Sacramento CA 95826

ph (916) 635-0505

Dist 7 Rep. Doris Matsui, 501 I Street Suite 12-600, Sacramento, CA 95814, ph (916) 498-5600

U.S. Capitol Switchboard: 1-866-5220-0044 (ask for Congressional person).

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***NOVEMBER 2025***