

# POSTAL EMPLOYEES OR RETIREES

source: <https://www.opm.gov/healthcare-insurance/pshb/premiums/>

PSHB Plan - NEW YORK	Option	Enrollment Code	Enrollment Type	2026 Biweekly - Total Premium	2026 Biweekly - Govt Pays	2026 Biweekly - Empl. Pays	2026 Biweekly - Change in Empl. Payment	2026 Monthly - Total Premium	2026 Monthly - Govt Pays	2026 Monthly - Empl. Pays	2026 Monthly - Change in Empl. Payment
Aetna: CDHP and Value	Aetna HealthFund CDHP	KDA	Self	688.99	304.64	384.35	-1.29	1492.81	660.05	832.76	-2.80
Aetna: CDHP and Value	Aetna HealthFund CDHP	KDB	Self & Family	1571.24	712.30	858.94	0.01	3404.35	1543.32	1861.03	0.02
Aetna: CDHP and Value	Aetna HealthFund CDHP	KDC	Self Plus One	1555.69	657.50	898.19	-0.13	3370.66	1424.58	1946.08	-0.28
Aetna: CDHP and Value	Aetna Value Plan	KDD	Self	717.28	304.64	412.64	59.62	1554.11	660.05	894.06	129.18
Aetna: CDHP and Value	Aetna Value Plan	KDE	Self & Family	1642.47	712.30	930.17	139.62	3558.69	1543.32	2015.37	302.51
Aetna: CDHP and Value	Aetna Value Plan	KDF	Self Plus One	1610.22	657.50	952.72	136.36	3488.81	1424.58	2064.23	295.45
Aetna: HDHP, Aetna Direct, Aetna Advantage	Aetna Direct	G3A	Self	329.69	247.27	82.42	6.50	714.33	535.75	178.58	14.08
Aetna: HDHP, Aetna Direct, Aetna Advantage	Aetna Direct	G3B	Self & Family	831.44	623.58	207.86	16.38	1801.45	1351.09	450.36	35.49
Aetna: HDHP, Aetna Direct, Aetna Advantage	Aetna Direct	G3C	Self Plus One	723.04	542.28	180.76	14.25	1566.59	1174.94	391.65	30.87
Aetna: HDHP, Aetna Direct, Aetna Advantage	Aetna HealthFund HDHP	G3D	Self	500.27	304.64	195.63	21.25	1083.92	660.05	423.87	46.04
Aetna: HDHP, Aetna Direct, Aetna Advantage	Aetna HealthFund HDHP	G3E	Self & Family	1103.49	712.30	391.19	48.43	2390.90	1543.32	847.58	104.93
Aetna: HDHP, Aetna Direct, Aetna Advantage	Aetna HealthFund HDHP	G3F	Self Plus One	1081.88	657.50	424.38	46.96	2344.07	1424.58	919.49	101.75
Aetna: HDHP, Aetna Direct, Aetna Advantage	Aetna Advantage	HLD	Self	250.13	187.60	62.53	-1.97	541.95	406.46	135.49	-4.27
Aetna: HDHP, Aetna Direct, Aetna Advantage	Aetna Advantage	HLE	Self & Family	662.81	497.11	165.70	-5.23	1436.09	1077.07	359.02	-11.33
Aetna: HDHP, Aetna Direct, Aetna Advantage	Aetna Advantage	HLF	Self Plus One	550.26	412.70	137.56	-4.34	1192.23	894.17	298.06	-9.40