

Federal Employees Dental Insurance Program (FEDVIP) Dental Premium Rate Charts

Source: <https://www.opm.gov/healthcare-insurance/dental-vision/plan-information/plan-premiums/>

Plan - Option	Rating Region	Biweekly Premium Rates			Monthly Premium Rates		
		Self-Only	Self Plus One	Self & Family	Self Only	Self-Plus One	Self & Family.
Please note: Rating areas for each carrier are not the same for all plans. Please refer to the Dental Rating Chart to determine your specific region.							
Aetna Dental - High	0	\$19.75	\$39.50	\$59.25	\$42.79	\$85.58	\$128.38
Aetna Dental - High	1	\$17.93	\$35.86	\$53.78	\$38.85	\$77.70	\$116.52
Aetna Dental - High	2	\$19.75	\$39.50	\$59.25	\$42.79	\$85.58	\$128.38
Aetna Dental - High	3	\$21.01	\$42.01	\$63.02	\$45.52	\$91.02	\$136.54
Aetna Dental - High	4	\$23.19	\$46.38	\$69.57	\$50.25	\$100.49	\$150.74
Aetna Dental - High	5	\$25.19	\$50.35	\$75.53	\$54.58	\$109.09	\$163.65
Aetna Dental - Standard	0	\$12.26	\$24.51	\$36.75	\$26.56	\$53.11	\$79.63
Aetna Dental - Standard	1	\$11.14	\$22.27	\$33.41	\$24.14	\$48.25	\$72.39
Aetna Dental - Standard	2	\$12.26	\$24.51	\$36.75	\$26.56	\$53.11	\$79.63
Aetna Dental - Standard	3	\$13.03	\$26.06	\$39.09	\$28.23	\$56.46	\$84.70
Aetna Dental - Standard	4	\$14.36	\$28.71	\$43.06	\$31.11	\$62.21	\$93.30
Aetna Dental - Standard	5	\$15.58	\$31.17	\$46.75	\$33.76	\$67.54	\$101.29
Blue Cross Blue Shield FEP Dental - High	0	\$19.51	\$39.02	\$58.53	\$42.27	\$84.54	\$126.82
Blue Cross Blue Shield FEP Dental - High	1	\$19.51	\$39.02	\$58.53	\$42.27	\$84.54	\$126.82
Blue Cross Blue Shield FEP Dental - High	2	\$21.86	\$43.72	\$65.59	\$47.36	\$94.73	\$142.11
Blue Cross Blue Shield FEP Dental - High	3	\$23.79	\$47.57	\$71.36	\$51.55	\$103.07	\$154.61
Blue Cross Blue Shield FEP Dental - High	4	\$25.77	\$51.54	\$77.30	\$55.84	\$111.67	\$167.48
Blue Cross Blue Shield FEP Dental - High	5	\$28.84	\$57.69	\$86.53	\$62.49	\$125.00	\$187.48
Blue Cross Blue Shield FEP Dental - Standard	0	\$10.50	\$20.99	\$31.49	\$22.75	\$45.48	\$68.23
Blue Cross Blue Shield FEP Dental - Standard	1	\$10.50	\$20.99	\$31.49	\$22.75	\$45.48	\$68.23
Blue Cross Blue Shield FEP Dental - Standard	2	\$11.50	\$22.99	\$34.49	\$24.92	\$49.81	\$74.73
Blue Cross Blue Shield FEP Dental - Standard	3	\$13.06	\$26.12	\$39.18	\$28.30	\$56.59	\$84.89
Blue Cross Blue Shield FEP Dental - Standard	4	\$14.10	\$28.20	\$42.30	\$30.55	\$61.10	\$91.65
Blue Cross Blue Shield FEP Dental - Standard	5	\$15.56	\$31.13	\$46.69	\$33.71	\$67.45	\$101.16
Delta Dental's Federal Employees Dental Program - High	0	\$27.30	\$54.60	\$81.90	\$59.15	\$118.30	\$177.45
Delta Dental's Federal Employees Dental Program - High	1	\$18.31	\$36.61	\$54.92	\$39.67	\$79.32	\$118.99
Delta Dental's Federal Employees Dental Program - High	2	\$20.07	\$40.14	\$60.21	\$43.49	\$86.97	\$130.46
Delta Dental's Federal Employees Dental Program - High	3	\$22.02	\$44.05	\$66.07	\$47.71	\$95.44	\$143.15
Delta Dental's Federal Employees Dental Program - High	4	\$23.43	\$46.87	\$70.30	\$50.77	\$101.55	\$152.32
Delta Dental's Federal Employees Dental Program - High	5	\$27.30	\$54.60	\$81.90	\$59.15	\$118.30	\$177.45
Delta Dental's Federal Employees Dental Program - Standard	0	\$14.65	\$29.30	\$43.95	\$31.74	\$63.48	\$95.23
Delta Dental's Federal Employees Dental Program - Standard	1	\$10.33	\$20.65	\$30.98	\$22.38	\$44.74	\$67.12
Delta Dental's Federal Employees Dental Program - Standard	2	\$11.25	\$22.49	\$33.74	\$24.38	\$48.73	\$73.10
Delta Dental's Federal Employees Dental Program - Standard	3	\$12.12	\$24.24	\$36.35	\$26.26	\$52.52	\$78.76
Delta Dental's Federal Employees Dental Program - Standard	4	\$12.79	\$25.58	\$38.37	\$27.71	\$55.42	\$83.14
Delta Dental's Federal Employees Dental Program - Standard	5	\$14.65	\$29.30	\$43.95	\$31.74	\$63.48	\$95.23
Dominion National - High	1	\$9.84	\$19.68	\$29.52	\$21.32	\$42.64	\$63.96
Dominion National - High	2	\$10.91	\$21.82	\$32.74	\$23.64	\$47.28	\$70.94
Dominion National - High	3	\$14.51	\$29.02	\$43.54	\$31.44	\$62.88	\$94.34
Dominion National - Standard	1	\$5.84	\$11.67	\$17.51	\$12.65	\$25.29	\$37.94
Dominion National - Standard	2	\$7.46	\$14.92	\$22.38	\$16.16	\$32.33	\$48.49
Dominion National - Standard	3	\$8.57	\$17.15	\$25.72	\$18.57	\$37.16	\$55.73
EmblemHealth Dental - High	1	\$31.83	\$63.60	\$95.43	\$68.97	\$137.80	\$206.77
EmblemHealth Dental - Standard	1	\$21.16	\$42.29	\$63.46	\$45.85	\$91.63	\$137.50

Federal Employees Dental Insurance Program (FEDVIP) Dental Premium Rate Charts

Source: <https://www.opm.gov/healthcare-insurance/dental-vision/plan-information/plan-premiums/>

Plan - Option	Rating Region	Biweekly Premium Rates			Monthly Premium Rates		
		Self-Only	Self Plus One	Self & Family	Self Only	Self-Plus One	Self & Family.
GEHA Connection Dental Federal - High	0	\$28.23	\$56.46	\$84.63	\$61.17	\$122.33	\$183.37
GEHA Connection Dental Federal - High	1	\$18.97	\$37.92	\$56.88	\$41.10	\$82.16	\$123.24
GEHA Connection Dental Federal - High	2	\$21.32	\$42.62	\$63.95	\$46.19	\$92.34	\$138.56
GEHA Connection Dental Federal - High	3	\$23.26	\$46.53	\$69.79	\$50.40	\$100.82	\$151.21
GEHA Connection Dental Federal - High	4	\$26.05	\$52.08	\$78.13	\$56.44	\$112.84	\$169.28
GEHA Connection Dental Federal - High	5	\$28.23	\$56.46	\$84.63	\$61.17	\$122.33	\$183.37
GEHA Connection Dental Federal - Standard	0	\$16.00	\$32.00	\$48.00	\$34.67	\$69.33	\$104.00
GEHA Connection Dental Federal - Standard	1	\$10.82	\$21.61	\$32.41	\$23.44	\$46.82	\$70.22
GEHA Connection Dental Federal - Standard	2	\$12.11	\$24.22	\$36.24	\$26.24	\$52.48	\$78.52
GEHA Connection Dental Federal - Standard	3	\$13.27	\$26.48	\$39.75	\$28.75	\$57.37	\$86.13
GEHA Connection Dental Federal - Standard	4	\$14.81	\$29.60	\$44.39	\$32.09	\$64.13	\$96.18
GEHA Connection Dental Federal - Standard	5	\$16.00	\$32.00	\$48.00	\$34.67	\$69.33	\$104.00
Humana Dental - High	1	\$21.73	\$43.47	\$65.20	\$47.08	\$94.19	\$141.27
Humana Dental - High	2	\$23.88	\$47.76	\$71.64	\$51.74	\$103.48	\$155.22
Humana Dental - High	3	\$25.06	\$50.13	\$75.19	\$54.30	\$108.62	\$162.91
Humana Dental - High	4	\$26.80	\$53.60	\$80.40	\$58.07	\$116.13	\$174.20
Humana Dental - High	5	\$32.24	\$64.47	\$96.71	\$69.85	\$139.69	\$209.54
Humana Dental - Standard	1	\$11.94	\$23.89	\$35.83	\$25.87	\$51.76	\$77.63
Humana Dental - Standard	2	\$12.87	\$25.74	\$38.60	\$27.89	\$55.77	\$83.63
Humana Dental - Standard	3	\$13.88	\$27.76	\$41.64	\$30.07	\$60.15	\$90.22
Humana Dental - Standard	4	\$15.24	\$30.49	\$45.73	\$33.02	\$66.06	\$99.08
Humana Dental - Standard	5	\$17.49	\$34.98	\$52.47	\$37.90	\$75.79	\$113.69
The MetLife Federal Dental Plan - High	0	\$25.90	\$51.80	\$77.69	\$56.12	\$112.23	\$168.33
The MetLife Federal Dental Plan - High	1	\$18.81	\$37.62	\$56.42	\$40.76	\$81.51	\$122.24
The MetLife Federal Dental Plan - High	2	\$19.92	\$39.84	\$59.76	\$43.16	\$86.32	\$129.48
The MetLife Federal Dental Plan - High	3	\$21.78	\$43.56	\$65.35	\$47.19	\$94.38	\$141.59
The MetLife Federal Dental Plan - High	4	\$23.72	\$47.43	\$71.15	\$51.39	\$102.77	\$154.16
The MetLife Federal Dental Plan - High	5	\$25.90	\$51.80	\$77.69	\$56.12	\$112.23	\$168.33
The MetLife Federal Dental Plan - Standard	0	\$14.34	\$28.68	\$43.02	\$31.07	\$62.14	\$93.21
The MetLife Federal Dental Plan - Standard	1	\$10.89	\$21.77	\$32.66	\$23.60	\$47.17	\$70.76
The MetLife Federal Dental Plan - Standard	2	\$11.56	\$23.11	\$34.67	\$25.05	\$50.07	\$75.12
The MetLife Federal Dental Plan - Standard	3	\$12.57	\$25.14	\$37.71	\$27.24	\$54.47	\$81.71
The MetLife Federal Dental Plan - Standard	4	\$13.67	\$27.34	\$41.01	\$29.62	\$59.24	\$88.86
The MetLife Federal Dental Plan - Standard	5	\$14.34	\$28.68	\$43.02	\$31.07	\$62.14	\$93.21
Triple-S Salud - High	1	\$6.19	\$12.38	\$16.17	\$13.41	\$26.82	\$35.04
United Concordia Dental - High	0	\$27.38	\$54.76	\$82.12	\$59.32	\$118.65	\$177.93
United Concordia Dental - High	1	\$18.36	\$36.71	\$55.06	\$39.78	\$79.54	\$119.30
United Concordia Dental - High	2	\$20.61	\$41.20	\$61.81	\$44.66	\$89.27	\$133.92
United Concordia Dental - High	3	\$22.88	\$45.74	\$68.62	\$49.57	\$99.10	\$148.68
United Concordia Dental - High	4	\$25.13	\$50.24	\$75.37	\$54.45	\$108.85	\$163.30
United Concordia Dental - High	5	\$27.38	\$54.76	\$82.12	\$59.32	\$118.65	\$177.93
United Concordia Dental - Standard	0	\$16.21	\$32.42	\$48.64	\$35.12	\$70.24	\$105.39
United Concordia Dental - Standard	1	\$10.93	\$21.83	\$32.76	\$23.68	\$47.30	\$70.98
United Concordia Dental - Standard	2	\$12.26	\$24.50	\$36.74	\$26.56	\$53.08	\$79.60
United Concordia Dental - Standard	3	\$13.58	\$27.16	\$40.73	\$29.42	\$58.85	\$88.25

Federal Employees Dental Insurance Program (FEDVIP) Dental Premium Rate Charts

Source: <https://www.opm.gov/healthcare-insurance/dental-vision/plan-information/plan-premiums/>

Plan - Option	Rating Region	Biweekly Premium Rates			Monthly Premium Rates		
		Self-Only	Self Plus One	Self & Family	Self Only	Self-Plus One	Self & Family.
United Concordia Dental - Standard	4	\$14.90	\$29.79	\$44.70	\$32.28	\$64.55	\$96.85
United Concordia Dental - Standard	5	\$16.21	\$32.42	\$48.64	\$35.12	\$70.24	\$105.39
UnitedHealthcare Dental Plan - High	0	\$33.13	\$66.26	\$99.39	\$71.78	\$143.56	\$215.35
UnitedHealthcare Dental Plan - High	1	\$22.20	\$44.41	\$66.61	\$48.10	\$96.22	\$144.32
UnitedHealthcare Dental Plan - High	2	\$23.31	\$46.63	\$69.94	\$50.51	\$101.03	\$151.54
UnitedHealthcare Dental Plan - High	3	\$24.52	\$49.03	\$73.55	\$53.13	\$106.23	\$159.36
UnitedHealthcare Dental Plan - High	4	\$28.21	\$56.42	\$84.64	\$61.12	\$122.24	\$183.39
UnitedHealthcare Dental Plan - High	5	\$33.13	\$66.26	\$99.39	\$71.78	\$143.56	\$215.35
UnitedHealthcare Dental Plan - Standard	0	\$18.85	\$37.70	\$56.54	\$40.84	\$81.68	\$122.50
UnitedHealthcare Dental Plan - Standard	1	\$12.68	\$25.36	\$38.04	\$27.47	\$54.95	\$82.42
UnitedHealthcare Dental Plan - Standard	2	\$14.33	\$28.66	\$42.99	\$31.05	\$62.10	\$93.15
UnitedHealthcare Dental Plan - Standard	3	\$15.40	\$30.81	\$46.21	\$33.37	\$66.76	\$100.12
UnitedHealthcare Dental Plan - Standard	4	\$16.22	\$32.45	\$48.67	\$35.14	\$70.31	\$105.45
UnitedHealthcare Dental Plan - Standard	5	\$18.85	\$37.70	\$56.54	\$40.84	\$81.68	\$122.50

Federal Employees Vision Insurance Program (FEDVIP) Vision Premium Rate Chart

Source: <https://www.opm.gov/healthcare-insurance/dental-vision/plan-information/plan-premiums/>

Plan - Option	Rating Region	Biweekly Premium Rates			Monthly Premium Rates		
		Self-Only	Self Plus One	Self & Family	Self-Only.	Self Plus One.	Self & Family.
Aetna Vision Preferred - High		\$5.68	\$11.34	\$17.02	\$12.31	\$24.57	\$36.88
Aetna Vision Preferred - Standard		\$3.17	\$6.33	\$9.50	\$6.87	\$13.72	\$20.58
Blue Cross Blue Shield FEP Vision - High		\$5.66	\$11.31	\$16.97	\$12.26	\$24.51	\$36.77
Blue Cross Blue Shield FEP Vision - Standard		\$3.56	\$7.12	\$10.68	\$7.71	\$15.43	\$23.14
The MetLife Federal Vision Plan - High		\$5.53	\$11.05	\$16.58	\$11.98	\$23.94	\$35.92
The MetLife Federal Vision Plan - Standard		\$3.67	\$7.34	\$11.01	\$7.95	\$15.90	\$23.86
UnitedHealthcare Vision Plan - High		\$5.71	\$11.41	\$17.12	\$12.37	\$24.72	\$37.09
UnitedHealthcare Vision Plan - Standard		\$3.74	\$7.48	\$11.22	\$8.10	\$16.21	\$24.31
VSP Vision Care - High		\$6.72	\$13.46	\$20.19	\$14.56	\$29.16	\$43.75
VSP Vision Care - Standard		\$3.58	\$7.16	\$10.75	\$7.76	\$15.51	\$23.29