



Michael P. Palazzotto Chapter 1264 Suffolk County L.I.  
 PO Box 552, Ridge, NY 11961-0552  
 Chartered December 18, 1972

General Meetings 1<sup>st</sup> Wednesday (except January, February, July & August)  
 10:30 AM at the Longwood Public Library Auditorium  
 800 Middle Country Road, Middle Island, New York 11953

President / Editor Emeritus: Vincent Nasta

September 2025

President  
 Newsletter Editor  
 Joanne Smith

1<sup>st</sup> Vice President  
 PAC Chair  
 John Eget

2<sup>nd</sup> Vice President  
 Membership Chair  
 Retention Chair  
 Dorothy Owens

Treasurer  
 Theresa Perrino

Secretary  
 Alzheimer's Chair  
 Bob Irish

Advocacy Leader  
 Carl Schroder

Helen Orlando  
 Network Coordinator

Hospitality: Vacancies (2)

**INCLEMENT WEATHER - call the Longwood Library at (631) 924-6400 to determine if the building is open or not. Our meeting is canceled if the building is closed.**

**CHANGE OF ADDRESS, Email, or Renewals**  
**Please call NARFE Membership Services at (800) 456-8410, press 2 (Monday to Friday, 8 AM to 5 PM) or by emailing [memberrecords@narfe.org](mailto:memberrecords@narfe.org) so you can continue to receive your NARFE Magazine and Chapter Newsletters.**

*Did you know that your NARFE membership ID# is on the second line of the mailing label on your monthly NARFE Magazine? It's all you need to access all your benefits on <https://www.narfe.org> <https://fedhub.narfe.org/home>*

**Our next meeting is scheduled for  
 Wednesday, September 3, 2025, at 10:30 a.m.  
 in the Longwood Public Library Auditorium**

Please take note of our NEW start time.....10:30 a.m.

For our September meeting this month, the Citizen Preparedness Corps (CPC), will present attendees the tools and resources to prepare for any type of disaster or emergency, respond accordingly, and recover as quickly as possible to pre-disaster conditions. The training is led by the New York National Guard, working with experts from the Division's Office of Emergency Management and Office of Fire Prevention and Control.

The course provides an introduction to responding to a natural or human-caused disaster. Participants are advised on how to properly develop family emergency plans and stock up on emergency supplies. A key component of the training is the **distribution of free NYS Disaster Preparedness Kits to participants** (one per family), containing examples of key items to assist individuals in the immediate aftermath of a disaster. The state training and kits will help New Yorkers to be the most-trained and best-prepared citizens in the country.

The New York National Guard will be teaching the class. This is an open public event, so invite your family, neighbors, and friends to attend this important training session. A question and answer period will follow the session. All individuals **MUST register to attend the training on the Division's website before the event date at:**

<https://pspapps.dhSES.ny.gov/CitizenPreparednessCorps/views/registrant/add.xhtml?lang=en&eventId=268>

If you need assistance with online registration, please contact me at (516) 528-3320 for help. We look forward to an informative and educational meeting!



**Homeland Security  
and Emergency Services**  
Citizen Preparedness Corps



# SIGN UP FOR A FREE CLASS TO LEARN ABOUT PREPARING FOR EMERGENCIES

With severe weather events becoming more frequent and more extreme, it is more important than ever that New Yorkers are prepared for disasters. **The NY Citizen Preparedness Training Program** teaches residents to have the tools and resources to prepare for any type of disaster, respond accordingly and recover as quickly as possible to normal conditions. This training course will provide an introduction to responding to a natural or man-made disaster. Participants will be advised on how to properly prepare for any disaster, including developing a family emergency plan and stocking up on emergency supplies. Each family that attends will receive one preparedness kit.

**WHERE:** Longwood Public Library  
800 Middle Country Road  
Middle Island NY 11953

**WHEN:** Wednesday, September 3, 2025  
11:00AM

**REGISTER:**  
*Registration is required  
to attend the event.*  
To register visit  
[www.prepare.ny.gov](http://www.prepare.ny.gov) or  
scan the QR code



**THIS EVENT IS BROUGHT TO YOU BY  
GOVERNOR HOCHUL IN CONJUNCTION WITH:**



and Longwood Public Library

## Election of Chapter Officers

Nominations are open for all of our Chapter elected positions. The current officers (see front page left columns) are already nominated. Any member can nominate additional candidates who are Chapter members. The nomination needs to be submitted to the chapter by November 5<sup>th</sup> so a ballot, if necessary, can be prepared before December 3<sup>rd</sup>. The voting will occur at our December meeting. In addition, the Chapter has non-elected positions that could use some help. Please consider volunteering to help your Chapter run efficiently.

## NARFE Recruiting Incentives

NARFE has announced two new membership recruiting incentives:

- \$8.00 rebate for recruiting an active federal employee between January and August 2025
- \$10.00 rebate to those who recruit a new member between September and December 2025.

NARFE's strength is in our numbers. The more members we have, the better we can continue to defend the benefits that we all have worked so hard to earn. We need everyone's help to recruit new members!

## Federal Employee News

Sign up for NARFE's Daily News Clips and stay informed. [https://narfe.informz.net/NARFE/pages/Clips\\_sign\\_up](https://narfe.informz.net/NARFE/pages/Clips_sign_up)

## FERS COLA

How much a retiree receives from the annual COLA depends on their retirement system. For those under CSRS, it's straightforward—eligible retirees typically receive the full COLA, whatever the final percentage turns out to be.

Retirees under FERS often receive a reduced version of the COLA, known informally as the "diet COLA." They get the full amount if the COLA is 2% or less. If it falls between 2% and 3%, they receive 2%. And if it's over 3%, they get 1% less than the full rate.

Please support H.R. 491 S. 624. It provides for full cost-of-living adjustments, based on the relevant change in consumer prices, to Federal Retirement System annuities.

## 50/50 Raffle

The drawings are at the end of each meeting (in CY 2025, it is: 9/3, 10/1, 11/5, 12/3). Please help support our chapter 50/50 raffle by sending in the tickets below with your check to the Treasurer, Theresa Perrino, [REDACTED]. Feel free to make copies. All support is greatly appreciated. Thanks!

### NARFE Chapter 1264

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Phone \_\_\_\_\_

Drawing Month \_\_\_\_\_

Amount \$ \_\_\_\_\_

Drawings are at each meeting.  
Winner need not be present to win  
\$1.00 each chance

### NARFE Chapter 1264

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## **Message from Chapter President**

Trying to understand federal retirement benefits can leave even the most confident people feeling far from confident, especially if you're trying to figure it out on your own. **The truth is, federal benefits are complex**, and unless you invest time to learn about the various elements that will impact your retirement future, you might be leaving a lot of things up to chance (or in some cases, someone else's decisions).

As a member, you have access to the NARFE Federal Benefit Expert. Email [fedbenefits@narfe.org](mailto:fedbenefits@narfe.org) any of your questions or call (800) 456-8410.

Save the date! Our next meeting will be on Wednesday, October 1st, at 10:30 a.m. Please note our updated mailing address: PO Box 552, Ridge, NY 11961.

*Joanne Smith*

Joanne Smith  
President, Chapter 1264