



Michael P. Palazzotto chapter 1264  
 PO Box 514, Middle Island, NY 11953-0514  
 Chartered December 18, 1972

General Meetings 1<sup>st</sup> Wednesday, (except February, July & August)  
 10:00 AM at the Longwood Public Library Auditorium  
 800 Middle Country Road, Middle Island, New York 11953

President / Editor Emeritus: Vincent Nasta

**WINTER EDITION - December 2024**

**President / Editor**  
 Joanne Smith

**1<sup>st</sup> Vice President**  
 John Eget

**2<sup>nd</sup> Vice President**  
**Membership Chair**  
 Dorothy Owens

**Treasurer**  
 Theresa Perrino

**Secretary**  
**Alzheimer's Chair**  
 Bob Irish

**Advocacy Leader**  
 Carl Schroder

**Hospitality: Vacancies (2)**

**INCLEMENT WEATHER - call the Longwood Library at (631) 924-6400 to determine if the building is open or not. Our meeting is canceled if the building is closed.**

**CHANGE OF ADDRESS OR EMAIL**  
**Please call NARFE Membership Services at (800) 456-8410 press 2 (Monday to Friday 8 AM to 5 PM) so you can continue to receive your NARFE Magazine and Chapter Newsletters.**

*Did you know that your NARFE membership ID# is on the second line of the mailing label on your monthly NARFE Magazine? It's all you need to access all your benefits on <https://www.narfe.org> and <https://fedhub.narfe.org/home>*

This chapter newsletter serves as the new "Winter Edition." Please remember that we only mail out four-chapter newsletters each year, so it's crucial to have your email address on file to receive information shared between newsletters via email.

**Our next meeting is scheduled for Wednesday, January 8th at 10:00 a.m. in the Longwood Library Auditorium**

At this month's meeting, Longwood Library Historian Georgiana O'Neill, who is the on-site genealogy specialist, will introduce attendees to genealogical research. This seminar will provide participants with valuable insights into essential records, library resources, and the importance of documenting family history.

The topics covered will include resource strategies, source evaluation, and the use of databases. This event is perfect for beginners as well as individuals looking to enhance their skills in uncovering their family narratives.

Ms. O'Neill has discovered that her 7th great-grandfather is likely Francis Lewis, a signer of the Declaration of Independence.

Following our meeting, we'll have a coffee and tea social in the adjacent room. We encourage you to stay and join us!

**Chapter "ELECTIONS"**

At the December meeting, members voted for new officers. Joanne Smith will be the Chapter President for her 4th term, Bob Irish will be the Secretary, and Carl Schroder will be the Advocacy Leader. Former President Vincent Nasta swore in these officers for the upcoming year. Members will vote for the first and second Vice President and Treasurer positions at the January 8th meeting.

**\*\* RAFFLE \*\***


During the December meeting, Marilyn Daley was the winner and took home an extra \$36. Spend it wisely!

## NYS Inflation Reduction

New York State Governor Hochul is proposing “inflation reduction” checks to help offset the rising costs of food, gas, and other necessities. If this legislation is approved, single taxpayers earning under \$150,000 a year will receive \$300, while joint filers with a combined income under \$300,000 will receive \$500 next fall.

The Governor’s State of State address will be televised on Tuesday, January 14th, at 1:00 pm.

## *New Year’s Resolution to exercise? NARFE Member Perk!*

 The Active&Fit Direct program provides access to your choice of over 12,200 gyms for just \$28 per month and/or more than 5,700 premium exercise studios at up to 70% off retail prices.

Active&Fit Direct provides the option to switch gyms or cancel your membership at any time, with no long-term contracts required. You can explore an online directory featuring some of the best gyms and exercise studios in your area. This flexibility allows you to find the gym that best suits your needs.

Members have access to 9,300 workout videos and digital health resources on <https://www.ActiveandFitDirect.com>, along with various workout classes available any time on YouTube and Facebook.

Enroll in the Active&Fit Direct program by logging into NARFE’s website, selecting “For Member,” then “NARFE Perks for Members,” and scroll down to “Active&Fit Direct” and clicking on the blue box “Save at Active&Direct.” Now enroll and obtain an ID card to present at selected fitness centers. There are even membership options for the spouses of NARFE members.

## HOLIDAY PARTY

After our December NARFE meeting, we celebrated another successful year together with our Holiday Luncheon.

Everyone had a great time, with good conversation and delicious food.



## Economic News

The US consumer price index increased 0.3% in November, ticking up from 0.2% in each of the previous four months, the Bureau of Labor Statics reported. Annually, inflation accelerated to 2.7% from October’s 2.6% pace.

## John Eget



At the November meeting, John Eget, our Chapter’s first Vice President was presented with a certificate of appreciation and officer pin.

Congratulations John

## 2025 Various Government Payment Schedules

In order to assist you in effectively planning your finances for the year 2025, I have compiled a comprehensive schedule of the dates on which you can anticipate receiving payments from various sources. This includes payments from the Social Security Administration, Supplemental Security Income, Federal Annuity, Military retiree pensions, and VA Disability benefits. Below, you will find a detailed list of the specific days you can expect these payments to arrive, allowing you to budget and manage your finances with confidence.

<b>2025 SSA payments Cycle 1 (Birth Date 1<sup>st</sup> – 10<sup>th</sup>) The 2<sup>nd</sup> Wednesday of the Month</b>			
January 8, 2025	April 9, 2025	July 9, 2025	October 8, 2025
February 12, 2025	May 14, 2025	August 13, 2025	November 12, 2025
March 12, 2025	June 11, 2025	September 10, 2025	December 10, 2025

<b>2025 SSA payments Cycle 2 (Birth Date 11<sup>th</sup> – 20<sup>th</sup>) The 3<sup>rd</sup> Wednesday of the Month</b>			
January 15, 2025	April 16, 2025	July 16, 2025	October 15, 2025
February 19, 2025	May 21, 2025	August 20, 2025	November 19, 2025
March 19, 2025	June 18, 2025	September 17, 2025	December 17, 2025

<b>2025 SSA payments Cycle 3 (Birth Date on 21<sup>st</sup> – 31<sup>st</sup>) The 4<sup>th</sup> Wednesday of the Month</b>			
January 22, 2025	April 23, 2025	July 23, 2025	October 22, 2025
February 26, 2025	May 28, 2025	August 27, 2025	November 26, 2025
March 26, 2025	June 25, 2025	September 24, 2025	December 24, 2025

<b>2025 SSA payments Cycle 4 (if you received your SSA benefits before MAY 1997)</b>			
January 3, 2025	April 3, 2025	July 3, 2025	October 3, 2025
February 3, 2025	May 2, 2025	August 1, 2025	November 3, 2025
March 3, 2025	June 3, 2025	September 3, 2025	December 3, 2025

Payments from the SSA for Supplemental Security Income payments, Veterans Affairs Compensation for VA Disability and Military Retiree pensions are as follows:

<b>2025 SSI, VA Disability, Military retirees (1st of the month following the benefit month. When the first day of the month falls on a non-business day such as a holiday or a weekend, payments are processed early)</b>			
January 31, 2025	May 1, 2025	August 1, 2025	October 31, 2025
February 28, 2025	May 30, 2025	August 29, 2025	December 1, 2025
April 1, 2025	July 1, 2025	October 1, 2025	December 31, 2025

Payments from the Office of Personnel Management for Federal annuitants' payments are as follows:

<b>2025 OPM Federal Annuity payments (CSRS and FERS) (1st of the month. When the first day of the month falls on a non-business day such as a holiday or a weekend, payments are processed on the next business day)</b>			
January 2, 2025	April 1, 2025	July 1, 2025	October 1, 2025
February 3, 2025	May 1, 2025	August 1, 2025	November 3, 2025
March 3, 2025	June 2, 2025	September 2, 2025	December 1, 2025

<https://www-origin.ssa.gov/pubs/EN-05-10031-2025.pdf>

<https://veteranshelpgroup.com/va-disability-payment-schedule-for-2025/>

<https://www.dfas.mil/RetiredMilitary/manage/payschedule/>

## **Message from Chapter President**



It's that time of year again for giving thanks for the good things in life. I wish you and your family a happy and joyous holiday as we celebrate the upcoming Hanukkah, Christmas, and Kwanzaa seasons. I look forward to seeing you in 2025!

A quick reminder: we **will not** have a meeting in the bitter cold month of February. We will resume on Wednesday, March 5th, and our guest speaker will be Cliff Miller of Vet Dogs.

*Joanne Smith*

Joanne Smith