

**2026 Program Calendar**  
**National Active and Retired Federal Employees**  
**Arlington Chapter 1201**  
**UPDATE 3/11/26**

Yellow indicates changes from previous version.

Meetings held the third Monday of the month at 10 am. Speakers from 11 am until noon.  
 Meetings located at the Arlington Police Department, East District Community Room,  
 2001 New York Avenue, Arlington TX 76010.

*Italics indicate draft information.*

Calendar available at [www.narfe.org/chapter1201](http://www.narfe.org/chapter1201).

<b>Date</b>	<b>Topic</b>	<b>Presenter</b>	<b>Organization</b>	<b>Coordinator</b>
<b>January 19</b>	Members' Roundtable: Bucket Lists	Members of Chapter 1201	NARFE Chapter 1201 Arlington	Janine Jarvela Bernie Owen
<b>February 16</b>	2025 Federal Income Tax Update and 2026 Strategic Planning	Bernie Owen Ben Weiger Mike Kortan Jackie Ragland	Strategic Planning Facilitators H&R Block AARP IRS (retired)	Bernie Owen
<b>March 16</b>	Update for Arlington Seniors	Jim Ross Mayor	City of Arlington	Ben Weiger
<b>April 20</b>	Right Sizing with Style	Ingrid and John Sullivan	Senior Downsizing Experts, Keller Williams Realty	Janine Jarvela Bernie Owen
<b>May 18</b>	What You Need to Know About Prostate Cancer	Tom Dillon Co-founder	North Texas Prostate Cancer Coalition	Janine Jarvela
<b>June 15</b>	Annual Picnic Luncheon	Southern Recipes Grill	2715 N. Collins 10:30 am	Janine Jarvela
<b>July 20</b>				Janine Jarvela
<b>August 17</b>				Janine Jarvela
<b>September 21</b>				Janine Jarvela
<b>October 19</b>				Janine Jarvela
<b>November 16</b>	Health Insurance Benefit Updates for 2026	<i>To be Determined</i>	BCBS GEHA AETNA	Ben Weiger
<b>December 21</b>	Christmas Lunch		Installation of 2027 Officers	Ben Weiger