



PEARLS

PEARLS Participant Referral Form

PEARLS- Program to Encourage Active and Rewarding Lives- is a community-based treatment program using problem solving, social and physical activation, and increased pleasant activity to reduce depressive symptoms and improve quality of life in older adults. The program is free and includes 8 in-home and/or virtual visits.

PEARLS participants must be 60 years of age or older or caregivers of persons 60 years of age or older. Participants must be a resident of Tarrant County. They cannot have a diagnosis of Alzheimer's or dementia and they cannot have a diagnosis of a severe and chronic mental illness that is untreated.

Name:

Date of Birth:

Address, City, Zip-code:

Phone Number:

Name, contact info, and agency of referring individual:

Additional comments/concerns:

E-mail referral to: pearls@womenscentertc.org or fax: 817-869-5140 or call 817-927-4040

