

PEARLS

PROGRAM TO ENCOURAGE ACTIVE & REWARDING LIVES

TURNING ISOLATION INTO INDEPENDENCE

PEARLS is an evidence-based treatment program designed to significantly reduce depressive symptoms—helping older adults develop the skills they need for self-sufficiency and independence, which supports more emotionally fulfilling and active lives.

CONTACT US. 817.927.4040



Services are provided to residents of Tarrant County who are 60+ at **no cost** to the client

In-home visits help women and men develop the tools to improve mild depression and social isolation

Treatment is focused on identifying challenges, setting goals and working towards solutions

Clients are empowered to manage depression, improve social connections and encourage positive thinking



Learn More!



PEARLS is provided in partnership with the Tarrant County Area Agency On Aging and Texas Health Resources.



1723 Hemphill St., 76110 • 817.927.4040 • M-F: 8:30 am – 5:00 pm • womenscentertc.org