

2019 Program Calendar
National Active and Retired Federal Employees
Arlington Chapter 1201

4/29/19

Also available at www.narfe.org/site/chapter1201.

Date	Topic	Presenter	Organization
January 14	End of Life Planning	Mr. Jim Bates and Ms. Rebecca Motley	Funeral Consumer Alliance of North Texas
February 11	2018 Income Tax Planning	Mr. Bernie Owen, Owner Mr. Ben Weiger Mr. Mike Kortum	Strategic Planning Facilitations Century 21 AARP Income Tax Preparation
March 18	Silver Sneakers	Mr. James Reese	Tivity Health
April 15	Senior Physical Fitness	Mr. James Reese	Tivity Health
May 20	CPR Training	Mr. Gene Bates	Arlington Fire Dept.
June 17	Annual	Picnic	Luncheon
July 15	Carnegie Libraries in Texas	Ms. Lauren Jacobs	Retired Librarian
August 19	Legislative Update	Congressman Ron Wright or Mr. Andy Winn	Congressman Texas 6 th District
September 16	Broadway Showtunes	Mr. Darrell McCallum	Musician
October 21	What You Don't Know About Arthritis	Dr. Jason Kouri	Medical Director of Neuropathy & Pain Centers of Texas
November 18	2020 Federal Health Benefits	Ms. Kristine Scott Mr. Bruce Harrison	GEHA BCBS of TX
December 16	Christmas Lunch, Annual Meeting	and Installation of	2020 Officers