

**2017 Program Calendar
National Active and Retired Federal Employees
Arlington Chapter 1201**

1/8/17

Also available at www.narfe.org/site/chapter1201.

Date	Topic	Presenter	Organization
January 09	Reverse Mortgage	Rich McDowell	Academy Mortgage
February 13	2016 Income Tax Planning	Bernie Owen Owner	Strategic Planning Facilitations
March 20	Estate Planning	Tawana Gray	Law Office of Tawana H. Gray, PLLC Arlington
April 17	Senior Fitness	To be determined	
May 15	Memory Loss: What's Normal and What's Not	Shelly Young	Alzheimer's Assn. Fort Worth
June 19	Annual	Picnic	Luncheon
July 17	Hearing Loss	Dr. Elizabeth Johnson	Audiology Associates
August 21	Age Well In Arlington	Elva Roy, Coordinator	Age-Friendly Arlington
September 18	T'ai Chi	Dan Schoppe http://www.taichidan.com	Tai Chi Ch'uan of Tarrant County
October 16	Dental Health	To be determined	
November 20	2018 Federal Health Benefits		GEHA BCBS of TX
December 18	Christmas Lunch	and Installation of	2018 Officers