

**2016 Program Calendar**  
**National Active and Retired Federal Employees**  
**Arlington Chapter 1201**  
6/19/16

Also available at [www.narfe.org/site/chapter1201](http://www.narfe.org/site/chapter1201). *Italics indicate tentative plan.*

<b>Date</b>	<b>Topic</b>	<b>Presenter</b>	<b>Organization</b>
<b>January 11</b>	Silence Isn't Golden	Dr. Paula Land Doctor of Audiology	Hearing and Tinnitus Center of DFW Irving, TX
<b>February 8</b>	2015 Federal Income Tax Update and 2016 Strategic Planning	Bernie Owen	Strategic Planning Facilitators Arlington, TX
<b>March 21</b>	Retirement Focused Investing	Cody Hambrick Financial Advisor	Edward Jones Arlington, TX
<b>April 18</b>	<b>NO MEETING</b>	<b>NO MEETING</b>	<b>NO MEETING</b>
<b>Wednesday April 20</b>	District 3 Convention	Eunice Recreation Center Registration 9:30 am Meeting 10 am – 3 pm	Oscar Ramos Texas Federation Representative
<b>May 16</b>	In Home Services: Care for Clients and Caregivers	Lisa Corbett Client Care Coordinator	Home Instead Senior Care Fort Worth, TX
<b>June 20</b>	Annual	Picnic	Luncheon
<b>July 18</b>	Conscious Aging	Wes Crocheron Elder	Saging International
<b>August 15</b>	Tai Chi Demonstration	Dan Schoppe Instructor	Tai Chi Ch'uan of Tarrant County
<b>September 19</b>	Handitran Transportation Services	Natalie Tutt Customer Support Specialist	City of Arlington
<b>October 17</b>	Growing Your Family Tree	Bernard N. Meisner, PhD Genealogy Lecturer	President, Mid-Cities Genealogical Society, Bedford
<b>November 21</b>	<i>Health Insurance Benefit Updates for 2017</i>	<i>To be determined</i>	<i>Blue Cross Blue Shield GEHA and/or AETNA</i>
<b>December 19</b>	Christmas Lunch	and Installation of	2017 Officers