



## CONTINUE YOUR NEXT CHAPTER WITH PEACE OF MIND

If you're moving on to a new path, Blue Cross and Blue Shield Federal Employee Program (FEP) is here to support your next steps. We know insurance is a big part of feeling secure, so we want to let you know what your coverage options are.

### If you're thinking about retiring:

- You still get the same benefits you have now as an actively working employee.
- To keep your medical coverage, you must have 5 years of continuous enrollment in the FEHB or PSHB before you retire.
- If you don't cancel your insurance, your coverage will not go away while you're retired.

### If you lost your coverage:

- You can continue your health benefits with Temporary Continuation of Coverage (TCC).
- You will receive an additional 31 days of medical coverage for no additional premium when your enrollment date ends, unless you cancel your enrollment or you are a family member no longer eligible for coverage.

[Learn More](#)



### GET THE SUPPORT YOU NEED IN YOUR TRANSITION

We're here for your questions. Call the National Information Center at [1-800-411-BLUE](tel:1-800-411-BLUE) (2583) with general questions and your local Blue Cross Blue Shield company with specific benefits or claims questions. Find your local customer service number on the back of your member ID card, or on the [Contact Us](#) page.



## **Use your incentive dollars to get the most out of your benefits**

When your FEP coverage ends, you will forfeit any unused dollars on your MyBlue<sup>®</sup> Wellness Card. You can use your card to:

- Pay for qualifying medical expenses
- Spend up to \$150 with select Blue365<sup>®</sup> vendors